

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this document carefully and be aware that in consideration for your participation in the Riverside Making Strides Against Cancer 5K Run/2 Mile Walk, you will be expressly assuming all risk and legal liability for injuries, damages or loss which you or your minor child may sustain as a result of participating in any and all activities connected with the Riverside Making Strides Against Cancer 5K Run/2 Mile Walk.

As participant, or the parent/guardian of a participant, I recognize and acknowledge that there are certain risks of physical injury to me or my child/ward in this activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that I or my child/ward may sustain as a result of my or my child/ward's participation. I further agree to waive and relinquish all claims I or my child/ward may have (or accrue to me) as a result of my or my child/ward's participation against Riverside Healthcare including its officers, directors, agents, volunteers and employees (hereinafter collectively referred to as "Parties").

I do hereby fully release and forever discharge the Parties from any and all claims for injuries, damages, or loss that I or my child/ward may have or which may accrue to me or my child/ward arising out of, connected with, or in any way associated with the Riverside Making Strides Against Cancer 5K Run/2 Mile Walk.

I further grant permission to Riverside to use any photograph, video, recording or any other record of this event for any purpose whatsoever.

I have read and fully understand the above information, warning and assumption of risk and waiver and release of all claims.

Name (print) _____

Signature _____ Date _____
(Parent/Guardian if participant is under 18)