

# Kankakee County Provider Toolkit



A Resource for Enhancing Referrals and Care  
Coordination among Healthcare Providers and  
Community-Based Organizations



Resource information from [kanihelp.org](http://kanihelp.org).

## Release Date: December 1, 2020

To explore relevant resources for Kankakee and Iroquois County citizens, including local government agencies and civic organizations, visit the Kan-I Help online resource database: [kanihelp.org](http://kanihelp.org).

The information in this directory is up-to-date to the best of our knowledge, as of December 1, 2020, but is subject to changes. We encourage you to contact the organization you are seeking services from to confirm this information in advance. If you see an edit, or would like to recommend an organization to be added to the Kan-I Help database, please contact us at [mariah@cfkrv.org](mailto:mariah@cfkrv.org). Kan-I Help does not rate, recommend, or endorse any organization. We provide information as a public service.

## Dear Healthcare Providers,

Enclosed, you will find a resource we hope will be of great service to you. This toolkit is designed to help you refer your patients to services in Kankakee and Iroquois counties to help meet their needs. This provider toolkit has been developed by the Partnership for a Healthy Community. The Partnership for a Healthy Community was established among the Helen Wheeler Center for Community Mental Health, the Hispanic Partnership, the Kankakee County Health Department, AMITA Health St Mary's Hospital, Riverside Medical Center, and the United Way to conduct routine health assessments of the Kankakee County community, identify priority health issues, and identify strategies to address these health issues.

The goals of this toolkit are to:

1. Assist Kankakee and Iroquois health care providers to be more knowledgeable about services available in Kankakee County.
2. To create comprehensive collaboration and support for families by accessing services already available who can adequately meet their needs.

To encourage success in obtaining these goals, the purpose of this toolkit is to provide a resource for enhancing care coordination between medical homes and community-based organizations. We have included information for care coordination on topics such as resource navigation, substance use prevention and cessation, early intervention, nutrition services, transportation services, and mental health services. Linking families to these community-based organizations enables the provider to:

1. Provide more comprehensive care
2. Increase the access to resources not usually available in a medical home.

This collaboration lets the community-based organization:

1. Increase opportunities to additional services
2. Reinforce the need to use the medical home (not the emergency room) for health care
3. Reinforce the use of referrals for additional services.

We know that to meet the needs of families as it relates to the social determinants of health, it is critical healthcare providers and community-based organizations collaborate in an effective and sustainable process. This ensures families are appropriately referred and can access such needed resources. We hope this toolkit will provide a starting point for you to build or enhance your care coordination and collaboration.

Sincerely,

The Partnership for a Health Community Access to Health Team

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## **Acknowledgements**

We would like to acknowledge the following organizations for their financial and resource support:

1. Partnership for a Healthy Community consists of local agencies and organizations, as well as community members, that work collaboratively to identify health priorities and strategies to address these priority issues.
2. Access to Health, a subcommittee of the Partnership for a Healthy Community, strives to identify barriers preventing Kankakee County residents from receiving quality care. Through this collaboration between multiple community-based organizations, the Access to Health Committee has taken actionable steps to assist the community in achieving health equity.

## **How to Use this Toolkit**

Families benefit from access to a broad range of community resources and services that address the social determinants of health. It is prudent to develop an effective and sustainable process to ensure healthcare providers are knowledgeable of current community programs for accurate referrals. The content of this toolkit showcases key community-based organizations who can meet the needs of an individual that may not be met in a medical home.

### Toolkit structure

This toolkit is broken down into categories that address the social determinants of health. Each category lists local resources which serve Kankakee and Iroquois County. If you recognize your patient needs a community service, provide them with a copy of the organization's page from this toolkit. They then have the information needed to reach the organization.

If you need a service not listed in this toolkit, you can visit [kanihelp.org](http://kanihelp.org) for a comprehensive list of resources in Kankakee and Iroquois County.

## Aging Resources

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### AgeGuide Northeastern Illinois - Area Agency on Aging



- 800.528.2000
- [ageguide.org](http://ageguide.org)

#### Aging Resources

Call the AgeGuide office for service referrals. Services coordinated include:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Information & Assistance | <input type="checkbox"/> Health Promotion and Disease Prevention | <input type="checkbox"/> Ombudsman                       |
| <input type="checkbox"/> Home Delivered Meals     | <input type="checkbox"/> Transportation                          | <input type="checkbox"/> Senior Health Insurance Program |
| <input type="checkbox"/> Community Dining         | <input type="checkbox"/> Adult Protective Services               | <input type="checkbox"/> Veterans Independence Program   |
| <input type="checkbox"/> Counseling               | <input type="checkbox"/> Legal Assistance                        |  |
| <input type="checkbox"/> Caregiver Support        |  |  |

- *Eligibility: Serves individuals ages 60 and older.*

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### Catholic Charities, Diocese of Joliet



Provides information services and benefits available to older adults. Client advocacy and intervention are also offered.

- [249 S. Schuyler Avenue, Suite 300, Kankakee, IL 60901](http://249.S.Schuyler.Avenue.Suite.300.Kankakee.IL.60901)
- 815.933.7791
- [catholiccharitiesjoliet.org](http://catholiccharitiesjoliet.org)
- *Contact Email: [info@cc-doj.org](mailto:info@cc-doj.org)*

#### Adult Protective Services & Hotline

Offers trained and caring professionals to help determine the services most needed to stop neglect and abuse; protect the person who has suffered abuse and/or neglect, and assist the individual in the healing process. Intervention for the abuser is also provided. In addition to abuse, neglect, and financial exploitation reports, Catholic Charities also take reports of self-neglect for individuals 60 and older and persons with disabilities (ages 18-59). Calls of concern about individuals who are not taking care of themselves or who are living in unsafe environments can also be made to Catholic Charities by calling 815-933-7791 OR to the 24-hour hotline: 866-800-1409.

#### Case Management Services

Offering frail, older adults and their families assistance as they assess the need for care and coordinate an overall plan of services to maximize the older person's independence in the home. Areas examined include medical care and supervision; home maintenance; personal care assistance; emergency response systems; financial needs; and living arrangements. The Caregiver Program provides information, advocacy and services to caregivers and grandparents raising grandchildren that help them adjust to caregiving roles and fill gaps in services or resources. Services include caregiver support groups, educational opportunities, respite, counseling and limited financial assistance.

#### Family Caregiver Services

Offers in-person, by phone or email assistance in identifying services and benefits available to your loved one or service to help the caregiver themselves. Services include funding for: respite care, gap-filling and legal support. Also available are caregiver counseling, monthly support groups and periodic educational

workshops for caregivers. Monthly support groups meet the first Wednesday of every month from noon to 1:15. A light lunch is provided. Please call the Catholic Charities office for location.

**Grandparents or Other Older Relatives Raising Children**

Services include funding for: respite care, gap-filling and legal support. Also available are counseling and periodic educational workshops for older relatives raising the children of other family members.

**Long-term Care Ombudsman Program**

Provides advocacy and support for residents of long-term care facilities. Provides education on resident rights to residents, community members, long-term care facility staff, and legislative representatives.

**Medicaid Application Assistance**

Medicaid application assistance is offered to Catholic Charities clients.

- *Eligibility: Older adults aged 60+ or individuals aged 18-59 who are disabled.*

**Senior Companion Program**

Offers older adults the opportunity to support their homebound peers through regularly scheduled home visits. Senior Companions earn a modest tax-free stipend and generally volunteer 20 hours per week.

- *Eligibility: Older adults, ages 55 and over*

Hours: Monday to Friday - 8:30 AM - 4:30 PM

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**Kankakee County Community Services, Inc.**



Nonprofit community action agency that works to alleviate the effects of poverty on low-income families, and/or individuals in Kankakee County. Provides programs to help people become more self-sufficient.

- [657 East Court Street, Suite 207, Kankakee, IL 60901](https://www.kankakee.org/657-East-Court-Street-Suite-207-Kankakee-IL-60901)
- 815-933-7883
- [facebook.com/KCCSInc](https://www.facebook.com/KCCSInc)

**Senior Community Service Employment Program (SCSEP)**

Training is provided to individuals ages 55+ who wish to return to the workforce. Eligible individuals engage in paid training opportunities at non-profit or governmental agencies as they seek employment.

- *Eligibility: Older adults, ages 55 and over*

Hours: Monday to Friday - 9:00 AM - 5:00 PM

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## Arts and Recreational Activities

Hyperlinks refer to Kan-I Help profiles which contain more information on location, contact information, pricing, and more. To learn more about these listings, as well as others, visit [kanihelp.org](http://kanihelp.org) and click on the “Arts and Recreational Activities” category.

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### **Art Programs**

[Art Start Studio](#)  
[Community Arts Council of Kankakee](#)  
[Life Compass Arts](#)  
[Little Me Studio](#)  
[Merchant Street Art Gallery](#)  
[Yellow Elephant Gallery](#)



### **Baseball, Softball, & Little League**

[Bradley Bourbonnais Youth Softball League](#)  
[Bradley-Bourbonnais Little League Baseball](#)  
[Kankakee Jaycees Little League](#)  
[Manteno Youth Baseball Softball League](#)  
[Momence Junior Baseball Softball League](#)  
[Nuscotomek Youth Baseball](#)



### **Camps**

[Bible Witness Camp](#)  
[Camp Shaw-Waw-Nas-See](#)  
[Run-A-Way Buckers](#)



### **Dance**

[Dance Alive Dance Studio](#)  
[Dance In The Light](#)  
[Paula Aubry School of Dance](#)  
[Starlight Dance Academy](#)



### **Football & Cheer**

[Bourbonnais Jr Boilermakers](#)  
[Kankakee Eastside Bulldogs](#)  
[Kankakee Jr Kays](#)  
[Momence Jr Redskins Association](#)



### **Martial Arts & Boxing**

[Junior Advanced Boxing and Sports](#)  
[LeeHan Martial Arts](#)  
[Lemner's Soo Bahk Do](#)  
[Sensei Steve's Karate Center](#)  
[Tristar Martial Arts Academy](#)



### **Music & Orchestra**

[Kankakee Valley Symphony Orchestra](#)  
[Kankakee Valley Youth Symphony Orchestra](#)  
[KING Music](#)  
[Life Compass Arts](#)  
[Veronda's Music](#)





**Scouting**

[Boy Scouts of America - Kankakee County](#)  
[Girl Scouts of Greater Chicago and Northwest Indiana](#)



**Soccer**

[County West Soccer Association](#)  
[Dynamo Soccer](#)  
[Manteno Youth Soccer Association](#)



**Special Needs Programming**

[Easy Street Theater](#)

- Theater programs for children ages 12+ with Down Syndrome, TBI, Cerebral Palsy, Autism, Asbergers, Fragile X, Cognitive Deficiency, and more.

[GiGi's Playhouse](#)

- Programs for children with Down syndrome and their families.

[Merchant Street Art Gallery](#)

- Art programs for children on the autism spectrum and the community.

[River Valley Special Recreation Association](#)

- Programs for people with special needs or developmental disabilities.

[Sunrise Farms](#)

- Art Therapy & Therapeutic Equine Riding Programs.



**Theater**

[Acting Out Theatre Company](#)  
[Easy Street Theater](#)  
[Kankakee Valley Theatre Association](#)



**Track & Field**

[Kankakee River Running Club](#)  
[Kankakee Track Club](#)



**Other Recreational Services**

[Adventure Commons](#)

[Bourbonnais Township Park District](#)  
[Bradley-Bourbonnais Dolphin Swim Club](#)  
[Center for Re-Creation and Family Training Organization](#)

- Mentoring & Student Adoption Programs in Pembroke, IL.

[Dream Catchers Farm Rescue - Youth Connect Program](#)

- Pairs at-risk youth with rescue horses.

[Golden's Gymnastics](#)

[House of Sportz Elite Training Facility](#)  
[Kankakee Valley Park District](#)  
[Limestone Township Park District](#)  
[Momence Park District](#)  
[University of Illinois Extension, Kankakee County Unit](#)

- Kankakee County 4-H Program.

[Young Men's Christian Association \(YMCA\) of Kankakee](#)

## Basic Needs - Food

|   |    |  |    |                                  |    |
|---|----|--|----|----------------------------------|----|
| ACOM - Agape Community Outreach Mission                     | 12 | Fortitude Community Outreach                     | 11 | Manteno Food Pantry              | 12 |
| AMITA Health St. Mary's Hospital - Micro-Pantry & RX Mobile | 13 | Illinois Department of Human Services            | 11 | Maternity BVM Food Pantry        | 12 |
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| Catholic Charities, Diocese of Joliet                       | 10 | Kankakee Catholic Food Pantry                    | 12 | Northern Illinois Food Bank      | 13 |
| Center of Hope  | 12 | Kankakee County Community Services, Inc. (KCCSI) | 12 | Riverside Healthcare - RX Mobile | 13 |
| Faith Baptist Church Food Pantry                            | 12 | Kankakee County Health Department                | 11 | Salvation Army                   | 12 |
| Feed the Flock  | 12 | Lord's Lamb Ministry Food Pantry                 | 12 | Wesley's Table Food Pantry       | 12 |

### Blessings in a Backpack



- PO BOX 403, Bourbonnais, IL 60914
- 815-939-4433
- [bibrvc.com](http://bibrvc.com)
- *Contact: Robert Bushey Jr., Program Director -*

[bibrvc@gmail.com](mailto:bibrvc@gmail.com)

### Food Assistance

Provides weekend nourishment to school children on the Federal Free and Reduced Meal Program. Serves the Kankakee River Valley area. Volunteers assemble backpacks, including ready-to-eat, kid-friendly, nutritious, non-perishable and easy-to-prepare food items. They distribute the bags to the schools, pick up grocery orders, stock and organize the pantry, help with fundraising and creating public awareness.

### Catholic Charities, Diocese of Joliet



- [249 S. Schuyler Avenue, Suite 300, Kankakee, IL 60901](https://www.catholiccharitiesjoliet.org)
- 815.933.7791
- [catholiccharitiesjoliet.org](http://catholiccharitiesjoliet.org)
- *Contact Email: [info@cc-doj.org](mailto:info@cc-doj.org)*

### Home Delivered Meals

Catholic Charities provides intake and eligibility determination for this program. Call the main office number for more information.

- *Eligibility: Recipients must be senior adults homebound due to illness, injury or lack of accommodations for meal preparation.*

Hours: Monday to Friday - 8:30 AM - 4:30 PM

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## Fortitude Community Outreach



Provides emergency shelter October-May, street outreach, transitional housing, and workforce development for the homeless.

- 815-546-3271
- [fortitudecommunityoutreach.org](http://fortitudecommunityoutreach.org)
- *Contact: Dawn Broers, PhD, LCSW Executive Director*

### **Street Outreach**

Fortitude's original program, street outreach is designed to meet physical, social, and spiritual needs of the needy and homeless. Teams of volunteers bring items to a static site by Graham's Furniture in Kankakee every Thursday night to pass out needed items and food while also socializing with guests.

### **PADS Shelter**

A hot meal is provided at 7pm at the rotating PADS shelter sites, with no need to stay the night. Breakfast is served in the morning. The PADS shelter program runs from October-April. Shelter sites open at 6:30 each night during winter months. Visit the Fortitude website or call for a list of current shelter locations.

- *Eligibility: Anyone is welcome as long as behavior is appropriate on-site.*

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## Illinois Department of Human Services



- [285 North Schuyler Avenue, Kankakee, IL 60901](http://285NorthSchuylerAvenue,Kankakee,IL60901)
- 815-939-4545
- 1-800-843-6154
- [www.illinois.gov/hfs/Pages/default.aspx](http://www.illinois.gov/hfs/Pages/default.aspx)
- *Contact Email: [DHS.FCS.PEBT@illinois.gov](mailto:DHS.FCS.PEBT@illinois.gov)*
- **Services available in Spanish.**

### **Application for Services (Food Stamps, Medicaid, TANF)**

Offers applications for food stamps, Medicaid, TANF (Temporary Assistance for Needy Families), and determines the applicants' eligibility. Assistance is provided to the aged, blind, and disabled.

**Hours:** Monday to Friday - 8:30 AM - 5:00 PM

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## Kankakee County Health Department - WIC Services



- [2390 West Station Street, Kankakee, IL 60901](http://2390WestStationStreet,Kankakee,IL60901)
- 815.802.9400
- [Kankakeehealth.org](http://Kankakeehealth.org)
- *Contact Email: [info@kankakeehealth.org](mailto:info@kankakeehealth.org)*
- **Translation services available for Spanish speakers.**

### **WIC Services**

The Health Department's WIC programs provide nutrition education, health screening and nutritious foods to eligible pregnant women, postpartum and breastfeeding women, their infants, and children up to age 5. Provides health and diet assessment and counseling, service referrals, and more.

**Hours:** Monday to Friday - 8:30 AM - 4:30 PM

**The Partnership for Healthy Communities**  
**Kankakee County Food Resource Sheet**

| <b>Food Pantries</b>  |  |              |   |   |
|---|--|--------------|---|---|
| Name  | Address  | Contact      | Hours   | Service   |
| <b>ACOM/Merchant St. Pantry</b><br><br>Services available in Spanish. | 196 S. Harrison Ave. Kankakee, IL                | 815.304.4990 | Saturdays:<br>12:30 - 2:00PM  | ACOM partners with the Northern Illinois Food Bank as well as local supermarkets and produce growers to provide healthy foods to those who use this food pantry.  |
| <b>Center of Hope Food Pantry</b>                                     | 395 N. Schuyler Ave. Kankakee, IL                | 815.937.4277 | Mondays,<br>Wednesdays, Fridays:<br>9:30AM - 1:30PM   | The Center of Hope is a client choice food pantry. Clients are welcome once a week. New clients are required to bring a piece of mail on their first visit to prove their address. All residents of Kankakee County that meet the IDHS income guidelines are welcome! |
| <b>Kankakee County Community Services, Inc. Pantry</b>                | 657 E. Court St. Suite 207 Kankakee, IL          | 815.933.7883 | Monday-Friday   | The KCCSI C.A.P Food Pantry provides nutritional food, along with healthy recipes and nutritional information, to individuals or households each week.  |
| <b>Kankakee Catholic Food Pantry</b>                                  | 341 St. Joseph Ave. Kankakee, IL                 | 815.933.7683 | Fridays:<br>8:00 - 11:00AM  | Resources are available on a first-come-first-serve basis. Open to Kankakee County residents only. Please bring a photo ID and proof of address.  |
| <b>Salvation Army</b>   | 148 N. Harrison Ave. Kankakee, IL                | 815.933.8421 | Walk-Through Pantry:<br>Tuesdays: 10:00 - 12:00 & 1:00 - 3:00<br><br>To-Go Lunches: Mon - Fri 12:00 - 1:00 PM | Walk-through pantry available to households once every 30 days. Individuals can call to arrange a pre-made food box to be picked up during the pantry hours.<br><br>Food services are available at the alley door.  |
| <b>Maternity BVM Food Pantry</b>                                      | 308 E. Marsile St. Bourbonnais, IL               | 815.933.8285 | Thursdays:<br>1:00 - 3:00PM   | Bradley/Bourbonnais residents only.   |
| <b>Faith Baptist Church Pantry</b>                                    | 1280 Armour Rd. Bourbonnais, IL                  | 815.933.9400 | 2 <sup>nd</sup> Thursday of the month: 1:00 - 2:00PM  | Bourbonnais and Bradley residents only  |
| <b>Wesley UMC Food Pantry</b>   | 500 N. Cleveland Bradley, IL                     | 815.348.7429 | Sundays:<br>1:30PM-3:30PM   | Open to all. Bring ID (if possible)   |
| <b>Lord's Lamb Ministry Food Pantry</b>                               | 3400 S. Main St. Hopkins Park, IL                | 815.944.5043 | 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday of the month:<br>11:00AM-1:00PM<br>Saturdays:<br>11:00AM-1:00PM | Kankakee County residents only  |
| <b>Manteno Food Pantry</b>  | 205 N. Locust St. Manteno, IL                    | 815.468.6818 | 1 <sup>st</sup> and 3 <sup>rd</sup> Wednesdays of the month:<br>8:00AM-10:00AM                                | Manteno residents only  |
| <b>Feed the Flock</b>   | Based in Manteno. Call for the current location. | 815.426.2908 | Dates and times vary by week.   | Resources are available to all on a first come first served basis. Call for more information.   |

### Micro-Pantry

|   |                                  |  |
|---|----------------------------------|--|
| <b>AMITA Health St. Mary's Hospital</b> | 500 W. Court St.<br>Kankakee, IL | Take what you need and leave what you can. This micro-pantry is available 24 hours a day, 365 days a year. St. Mary's staff monitor stocking to ensure it is always full for the community. Typical items include food basics and personal hygiene products. |
|---|----------------------------------|--|

### Blessing Boxes

Blessing boxes allow community members to take what they need and replace it with something for someone else if they can. Typically, contents include food items and personal hygiene products. These blessing boxes are sponsored by the Kankakee Area Jaycees.

|  |   |   |   |
|--|---|---|---|
| <b>Goodberlet Home Service</b><br>255 E. Brookmont Blvd.<br>Kankakee, IL | <b>Caldwell Chapel AME Zion Church</b><br>805 N. Evergreen Ave.<br>Kankakee, IL | <b>Steuben School</b><br>520 S. Wildwood Ave.<br>Kankakee, IL | <b>All Automotive</b><br>990 N. Schuyler Ave.<br>Kankakee, IL |
| <b>Grant Park Police Station</b><br>100 E. Taylor St.<br>Grant Park, IL  | <b>St. Peter's United Church</b><br>310 N. Meadow St.<br>Grant Park, IL         | <b>Manteno Quick Lube</b><br>156 N. Locust St.<br>Manteno, IL | <b>All Automotive</b><br>6 N. Dixie Hwy.<br>Manteno, IL       |

### Mobile Food Pantries

|                                    |   |
|------------------------------------|---|
| <b>Northern Illinois Food Bank</b> | Visit Northern Illinois Food Bank's Mobile Pantry calendar for their next event:<br><a href="https://solvehungertoday.org/get-help/mobile-pantry-calendar/">https://solvehungertoday.org/get-help/mobile-pantry-calendar/</a> |
|------------------------------------|---|

### RX Mobile Events

Open to all community members. Kankakee County hospitals have partnered with the Northern Illinois Food Bank to provide healthy food options for families in need and those with chronic medical conditions.

|   |   |  |
|---|---|--|
| <b>AMITA Health St. Mary's Hospital</b> | <b>St. Rose Church Parking Lot:</b><br>486 Merchant St. Kankakee, IL        | 1 <sup>st</sup> Tuesday of every month:<br>3:00PM to 5:00PM  |
| <b>Riverside Healthcare</b>             | <b>Youth For Christ City Life Center:</b><br>1820 E. Court St. Kankakee, IL | Monthly from 3:00PM-5:00PM<br><br>See website for upcoming dates:<br><a href="https://www.riversidehealthcare.org/services/pri-mary-care/mobile-food-pantry">https://www.riversidehealthcare.org/services/pri-mary-care/mobile-food-pantry</a> |



For additional printed copies of the Kankakee County Food Resources, please contact the Kankakee County Health Department: 815-802-9400.

To find food resources and other services, visit [kanihelp.org](http://kanihelp.org) or call 2-1-1.

## Basic Needs - Housing & Shelter

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### Aunt Martha's Health and Wellness Center



- [1777 East Court Street, Kankakee, IL 60901](#)
- 877.692.8686
- [auntmarthas.org](#)
- **Services available in Spanish.**

### **Supportive Housing Services**

Drop-in center offering resources for youth. For older clients, assistance can also be arranged to help locate a housing/shelter option.

- *Eligibility: Services for youth from the ages of 12 to 23.*

Hours: Monday to Friday - 8:30 AM - 5:00 PM

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### Catholic Charities, Diocese of Joliet



- [249 S. Schuyler Avenue, Suite 300, Kankakee, IL 60901](#)
- 815.933.7791
- [catholiccharitiesjoliet.org](#)
- *Contact: Randi Patterson (PATH) 309-834-0583*

### **Horizons Joint Transitional Housing and Rapid Rehousing Program**

Provides temporary housing for homeless families with children. Families work toward goals including permanent housing. This program is designed to maximize a family's self-sufficiency.

- *Eligibility: Families must have a child under the age of 18 to qualify. No income requirements.*

Hours: Monday to Friday - 8:30 AM - 4:30 PM

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### Fortitude Community Outreach



- 815-546-3271
- [fortitudecommunityoutreach.org](#)
- *Contact: Dawn Broers, PhD, LCSW Executive Director*

### **PADS Shelter**

PADS stands for Public Action to Deliver Shelter. Visit the Fortitude website or call for a list of current shelter locations. The shelter program runs from October-April. Paid staff and volunteers coordinate and supervise the site. A hot meal is provided at 7pm to all - no need to stay the night. Mattresses with bedding are provided. Breakfast is served in the morning.

- *Eligibility: Anyone is welcome as long as behavior is appropriate on-site.*

Hours: Doors open at shelter sites each evening at 6:30 PM. Sites close at 7:00 AM the following morning.

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## Habitat for Humanity Kankakee County



- [200 East Court Street, Suite 510, Kankakee, IL 60901](#)
- 815.802.0225
- [kankakeehabitat.org](http://kankakeehabitat.org)

### Housing & Home Repair

Through the work of Habitat, thousands of low-income families have found new hope in the form of affordable housing. Churches, community groups and others have joined together to successfully tackle a significant social problem: decent housing for all.

- *Eligibility: Applicants must meet the following criteria to qualify:*

- |  |  |
|--|--|
| <input type="checkbox"/> Need for adequate housing                                       | <input type="checkbox"/> Able to pay \$1,000 cash down payment                 |
| <input type="checkbox"/> Kankakee County resident for one year                           | <input type="checkbox"/> Able to pay up to \$850 per month mortgage payment    |
| <input type="checkbox"/> Willing to complete 500 hours of work and program participation | <input type="checkbox"/> Agree to complete a credit check and background check |
| <input type="checkbox"/> Meet Kankakee County Habitat for Humanity income requirements   | <input type="checkbox"/> Willing to go through credit counseling               |

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## Harbor House



Provides free services to victims of domestic violence and their children in Kankakee and Iroquois counties, including emergency shelter, transitional housing, 24-hour hotline, court advocacy, group and individual counseling, referrals, and community education.

- 24 Hour Hotline: 815.932.5800
- Main Office: 815.932.5814
- [harborhousedv.org](http://harborhousedv.org)
- Contact Email: [info@harborhousedv.org](mailto:info@harborhousedv.org)
- **Translation services available.**

### Domestic Violence Emergency Shelter

Harbor House provides emergency shelter to victims of domestic violence (women, men, or a person with a pet) and their children in Kankakee and Iroquois counties. Shelter includes a bedroom, food, counseling services, referrals, and court advocacy. Specific length of stay is directly related to goal-related issues.

- *Eligibility: Available to all victims of domestic violence. Housing for individuals with pets may be open. The pet owner will need to show proof of updated shot records for the dog or cat.*

### Transitional Housing

Transitional Housing is longer term and offers the client an opportunity to be more independent. Length of stay is determined in six-months intervals.

- *Eligibility: A client who has resided in Harbor House's emergency shelter for a minimum of one month and is determined appropriate by the staff may be eligible for transitional housing.*

**Hours:** Emergency shelter services are available 24/7. Call the 24 Hour Hotline for intake.

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## **Kankakee County Community Services, Inc.**



- [657 East Court Street, Suite 207, Kankakee, IL 60901](#)
- 815-933-7883
- [facebook.com/KCCSInc](https://www.facebook.com/KCCSInc)

### **Affordable Housing**

Families have the opportunity to rent properties maintained by KCCSI. During their lease, staff work with these families to increase their awareness of community services available.

**Hours:** Monday to Friday - 9:00 AM - 5:00 PM

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## **Kankakee County Housing Authority**

Provides public housing options eligible low-income families, the elderly, and persons with disabilities in Kankakee County.

- [185 N. Saint Joseph Avenue, Kankakee, IL 60901](#)
  - 815.939.7125
  - [kchail.com](http://kchail.com)
- 

## **Kankakee Kommons**

Section 8 Project-Based Rental Assistance - Kankakee Kommons is a low income housing apartment subsidized by the federal government - HUD (Housing and Urban Development Division). HUD residents usually pay 30% of their gross income for rent. The rent amount, less approved HUD deductions such as medical and child care expenses, and other allowances, includes a utility allowance. HUD Residents also may choose to pay what is known as flat rent.

- [155 West Mertens, Kankakee, IL 60901](#)
  - 815.937.0360
- 

## **Lutheran Child and Family Services of Illinois**



Lutheran Child and Family Services of Illinois

- [150 N Schuyler Ave, Suite 200, Kankakee, IL 60901](#)
- 815-929-1970
- 1-800-363-5237
- [lcfs.org](http://lcfs.org)
- *Contact Email: [lcfs\\_info@lcfs.org](mailto:lcfs_info@lcfs.org)*

### **Foster Care Services**

Offers general foster care and specialized foster care services for children and youth who: 1.) Have experienced severe and chronic trauma that has gone unaddressed. 2.) Are medically fragile or severely developmentally delayed. 3.) Are ready for discharge from a residential treatment center, but need intensive services and supports in a family setting. 4.) Have behaviors that interfere with his/her interpersonal relationships and social interactions

**Hours:** Monday to Friday - 8:30 AM - 4:30 PM

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## Riverwoods Association

Section 8 housing for seniors and disabled individuals.

- [300 East River Street, Kankakee, IL 60901](#)
  - 815.939.1500
- 

## Safe Families for Children



Safe Families  
for Children

Provides temporary hosting options for children and a network of support to families in crisis while they get back on their feet.

- 773-653-2200
- [safe-families.org](http://safe-families.org)
- *Contact: Makenzie Flores, Greater Kankakee County Area Coordinator - [mflores@safefamilies.net](mailto:mflores@safefamilies.net)*

## Short-Term Hosting

When a parent or agency calls Safe Families for an intake, children are placed into a volunteer's home who have been trained and background checked, and whose homes have been assessed for safety purposes. Volunteers host for the families in need in an attempt to keep children out of the foster system, help parents get back on their feet, and to keep families intact. Average hosting stay is about 6 weeks long.

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## Salvation Army



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THE MOST  
GOOD®

Programs include spiritual support, emergency assistance, free lunch, housing resources, and support services.

- [148 North Harrison, Kankakee, IL 60901](#)
- 815.933.8421
- [centralusa.salvationarmy.org/kankakee](http://centralusa.salvationarmy.org/kankakee)
- *Contact: Miya Graham, Director of Social Ministries - [miya.graham@usc.salvationarmy.org](mailto:miya.graham@usc.salvationarmy.org)*

## Housing Resources

People facing a housing crisis can contact Salvation Army for triage and assessment, short-term shelter vouchers, and rapid re-housing services. A case manager will assess the specific needs of the individual in crisis and direct that person to the appropriate resources. Some of the resources available include short term shelter vouchers, strengths-based case management, access to a variety of housing remedies, SOAR services for the chronically homeless, counseling, advocacy, and referrals as appropriate.

Hours: Monday to Friday - 9:00 AM - 5:00 PM

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## Basic Needs - Transportation

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### Illinois Department of Human Services



- [285 North Schuyler Avenue, Kankakee, IL 60901](https://www.illinois.gov/hfs/Pages/default.aspx)
- 815-939-4545
- 1-800-843-6154
- [www.illinois.gov/hfs/Pages/default.aspx](https://www.illinois.gov/hfs/Pages/default.aspx)
- *Contact Email: [dhs.scs.pebt@illinois.gov](mailto:dhs.scs.pebt@illinois.gov)*
- **Services available in Spanish.**

### **Home-Based Service (HBS) Program**

Transportation services may be purchased from the monthly allotment for individuals to gain access to waiver and community services, activities and resources as specified by their Personal Plan. This does NOT include transportation to and from medical appointments.

- *Eligibility: Children and adults with intellectual and developmental disabilities that have been approved to receive DD Medicaid waiver services.*

**Hours:** Monday to Friday - 8:30 AM - 5:00 PM

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### River Valley Metro Mass Transit District



Public transportation serving residents of Kankakee County.

- [1137 East 5000 North Road, Bourbonnais, IL 60914](https://www.rivervalleymetro.com)
- 815.937.4287
- [rivervalleymetro.com](https://www.rivervalleymetro.com)

### **Local Bus Services**

Provides public transportation services to residents and visitors of the Kankakee metropolitan area and serves as a SAFE SPOT for people who have no place to turn. Metro Plus offers services for individuals with disabilities who are unable to independently use fixed route service. Discounted monthly passes are available for elderly/disabled patrons, as well as youth and students. Call for more information.

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### Show Bus Public Transportation



Public transportation to residents in rural areas of all ages and income levels in both Iroquois and Kankakee counties.

- 815.945.8500
- 800.525.2454
- [showbusonline.org](https://www.showbusonline.org)

### **Public Transportation**

Serves rural areas not covered by River Valley Metro. Due to a federal grant, fares are not required for persons 60 years of age or older in Iroquois County. Buses are equipped with lifts for easy wheelchair access. For schedules, reservations and costs, visit the Showbus website.

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## Basic Needs - Finances & Employment

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### Catholic Charities, Diocese of Joliet



- [249 S. Schuyler Avenue, Suite 300, Kankakee, IL 60901](https://www.catholiccharitiesjoliet.org)
- 815.933.7791
- [catholiccharitiesjoliet.org](https://www.catholiccharitiesjoliet.org)

- *Contact Email: [info@cc-doj.org](mailto:info@cc-doj.org)*

### **Money Management Program**

Volunteers, specially trained and screened assist senior adults with their basic money management needs. Volunteer tasks may include developing an appropriate budget, sorting mail, bill paying, and balancing a checkbook. Two levels of services are provided: bill payer and representative payee. Volunteer activity and accounts are monitored on a regular basis and limited client fund insurance is provided by AARP.

- *Eligibility: Senior adults.*

Hours: Monday to Friday - 8:30 AM - 4:30 PM

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### Illinois Department of Employment Security



Provides employment services for the jobless as well as the under-employed, matching employer labor needs with the skills of job seekers.

- Bradley Office: [450 N. Kinzie Avenue, Bradley, IL 60915](https://www2.illinois.gov/ides/Pages/default.aspx)
- 800.244.5631
- <https://www2.illinois.gov/ides/Pages/default.aspx>
- *Contact: Jerome Rochon, Disabled Veterans Outreach Program Specialist - [jerome.rochon@illinois.gov](mailto:jerome.rochon@illinois.gov)*

### **Illinois Employment Service**

To help Illinois residents find employment, some specialized services are available if needed. These include assistance for veterans (including preferential referrals to jobs); selective placement of workers with disabilities; and counseling for workers with special problems.

### **Re-entry Employment Service Program**

Serves Illinois residents who are, or have in the past been, subject to any stage of the criminal justice process and who require assistance in overcoming barriers resulting from a record of arrest or conviction.

### **Unemployment Insurance Benefits**

Program designed to partially compensate for loss of wages when individuals are out of work. These services are for an emergency: such as when you are temporarily or permanently out of a job or if you work less than full time because of lack of work.

Hours: Monday to Friday - 8:00 AM - 5:00 PM

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## Kankakee Area Career Center



Prepares students to select viable career paths and obtain the training and skills essential for continuing education and/or the job market.

- [4083 North 1000 West Road, Bourbonnais, IL 60914](https://www.kacc-il.org)
- 815.939.4971
- [kacc-il.org](https://www.kacc-il.org)

### **Vocational Training for High School Students**

KACC aims to teach vocational skills to high school students. Specialized programs include: Automotive Technology, CNA Training, Computer Technology, Construction, Cosmetology, 3D Design, Early Childhood Education, Fire/Rescue/EMR, Law Enforcement, Medical/Healthcare, Welding, and more.

- *Eligibility: Programs are open to Kankakee area high school students.*

**Hours:** Monday to Friday - 8:00 AM - 3:00 PM

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## Kankakee Community College (KCC) - Workforce Services



### **KCC North Extension Center - Kankakee Workforce Services Office**

- [450 N. Kinzie Ave, Bradley, IL 60915](https://www.kcc.edu)
- 815-802-8963
- [wioa.kcc.edu](mailto:wioa.kcc.edu)
- *Contact Email: [wiaoffice@kcc.edu](mailto:wiaoffice@kcc.edu)*
- *Contact: Dana Washington, Director of Workforce Services - [dWASHINGTON@kcc.edu](mailto:dWASHINGTON@kcc.edu)*

### **Workforce Services**

Career training available for those who qualify. Workforce Services is a partner with the Illinois Dpt. of Employment Security, and helps individuals find employment. Youth are also offered help in seeking their GED. Individuals who are unemployed or underemployed could be eligible for up to \$10,000 in career training through a workforce service grant.

- *Eligibility: Individuals who qualify for these services include SNAP users, those currently receiving Unemployment benefits, youth, and those with a qualifying level of household income.*

### **Young Adult Program Services (YAPS)**

This program works with young adults who are in need of a GED or need help transitioning into college/workforce. Workshops, training, & other resources are available.

- *Eligibility: Young adults ages 16 - 24 years old may be eligible for YAPS.*

**Hours:** Monday to Friday - 8:00 AM - 5:00 PM

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## **Kankakee County Community Services, Inc.**



- [657 East Court Street, Suite 207, Kankakee, IL 60901](https://www.google.com/maps/place/657+East+Court+Street,+Suite+207,+Kankakee,+IL+60901)
- 815-933-7883
- [facebook.com/KCCSInc](https://www.facebook.com/KCCSInc)

### **Emergency Assistance**

Income eligible customers receive monetary and non-monetary provisions when facing a one-time emergency in the areas of rent, shelter, utility or mortgage assistance.

### **Emergency Furnace**

Eligible homeowners with a non-functioning furnace can have their furnace repaired or replaced.

### **Financial Literacy**

Hands-on informational sessions for young adults encompassing many aspects of financial management.

### **Low Income Home Energy Assistance Program (LIHEAP)**

To help offset the high cost of heating and electric related utilities, eligible households have the opportunity to receive a one-time payment on their primary and secondary utility bill.

### **Percentage of Income Payment Plan (PIPP)**

Qualifying income households can enroll in a monthly payment plan with their utility vendor(s).

### **Senior Community Service Employment Program (SCSEP)**

Training is provided to individuals 55+ who wish to return to the workforce. Eligible individuals engage in paid training opportunities at non-profit or governmental agencies as they seek employment.

### **Youth Employment Program**

Employment opportunities are available to non-employed youth (16-21) during the summer months.

**Hours:** Monday to Friday - 9:00 AM - 5:00 PM

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## **Salvation Army**



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- [148 North Harrison, Kankakee, IL 60901](https://www.google.com/maps/place/148+North+Harrison,+Kankakee,+IL+60901)
- 815.933.8421
- [centralusa.salvationarmy.org/kankakee](https://centralusa.salvationarmy.org/kankakee)

### **Pathway of Hope**

The Pathway of Hope initiative provides individualized services to families with children who desire to take action to break the cycle of crisis and vulnerability that repeats generation after generation. Pathways of Hope helps families overcome challenges like unemployment, unstable housing, and lack of education.

### **Utility Assistance**

Assistance with Nicor Gas and Aqua Illinois Water utilities can be arranged for qualifying applicants. Gas applicants must first apply for LIHEAP.

**Hours:** Monday to Friday - 9:00 AM - 5:00 PM

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## Social Security Administration



Provides advice and assistance to inquiries, claimants, and beneficiaries regarding any Social Security matter.

- Kankakee Office: [630 East Oak Street, Kankakee, IL 60901](https://www.ssa.gov/office/kankakee)
- 855.807.8801
- 800.772.1213
- [www.ssa.gov](https://www.ssa.gov)

### **Social Security Assistance**

Provides advice and assistance to inquirers, claimants, and beneficiaries regarding any Social Security matter. Conducts an extensive informational program throughout the area and supplies literature, forms, and speakers free of charge. Assists applicants in filing for Social Security Retirement, Disability, and Survivor Insurance benefits as well as Supplemental Security Income applications for the needy, aged, blind, and/or disabled adults and children. Provides assistance in obtaining proof such as age, marriage, etc. to support claims for benefits. Assists individuals with questions and/or problems they may have on Medicare Entitlement and claims processing.

**Hours:** Monday, Tuesday, Thursday, & Friday - 9:00 AM - 4:00 PM. Wednesday - 9:00 AM - 12:00 PM

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## Veterans Assistance Commission of Kankakee County

- [189 E. Court Street, 4th Floor, Kankakee, IL 60901](https://www.k3countyvac.com)
- 815.937.8489
- [k3countyvac.com](https://www.k3countyvac.com)
- *Contact Email:* [vac@k3county.net](mailto:vac@k3county.net)

### **Veterans Benefits Advocacy**

Provides assistance with healthcare claims, disability and pension claims, burial benefits, and financial assistance for the basic needs of shelter, utilities, food/personal hygiene. Honorably discharged veterans may be eligible for services, subject to program requirements and income guidelines.

- *Eligibility:* Serves low-income, homeless, disabled, at-risk veterans and their families.

**Hours:** Monday to Friday - 8:30 AM - 4:30 PM

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## Developmental Disability Services

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### Easterseals



Medical rehabilitation and therapies for disabled children. Provides information and referrals. Therapy programs accept all forms of insurance as well as self-pay clients.

- 815-932-0623
- [easterseals.com/joliet](http://easterseals.com/joliet)
- *Contact: Tyler Reynolds, Lead Home Visitor Data Systems - [treynolds@joliet.easterseals.com](mailto:treynolds@joliet.easterseals.com)*
- **Services available in Spanish.**

#### Early Childhood Prevention Initiative - Jumpstart Office

- [515 East North Street, Bradley, IL 60915](#)

#### Easterseals Office

- [511 East North Street, Bradley, IL 60914](#)

### **Developmental Screenings and Home Visiting - Jumpstart**

Free home-visiting program providing developmental screenings, education, play groups, and more.

- *Eligibility: Families with children birth-age 3 who reside in Kankakee, Iroquois, Ford, Will, Grundy, and Kendall counties.*

### **Developmental Stimulation Therapy**

An educational component of Early Intervention, this therapy is provided by a child development specialist and covers all areas of development. Cognitive, language, gross motor, fine motor, social and self-help activities are all included in both group and individual sessions. This program is a strong support for continued focus on the goals of therapies like speech, occupational and physical therapy.

- *Eligibility: Children from birth-age 3.*

### **Early Intervention Services**

Enhances the capacity of families to meet the special needs of their children with disabilities to assist them in reaching each new stage of development. As a family links with the Early Intervention Case Manager and develops an Individual Family Service Plan (IFSP), Easterseals provides...

- Occupational Therapy
  - Speech & Language Therapy
  - Physical Therapy
  - Case Management
  - Parent Resource/Toy Lending Library
  - Home or center-based service sites
- *Eligibility: Families with children from birth-age 3 with disabilities.*

### **Equipment Loan Program**

Provides equipment such as walkers, wheelchairs, bath aides, communication devices, etc., free of charge.

- *Eligibility: Available to all, regardless of income, upon presentation of a doctor's prescription.*

### **Lekotek Play Therapy**

Includes monthly play therapy sessions, a toy lending library, and computer resource services.

- *Eligibility: Families with children birth-teens with special needs.*

### **Parent Support Group**

Parent support group with monthly educational meetings. Call 815.932.0623 to register.

- *Eligibility: Serves parents of children with disabilities*

### **Pediatric Occupational Therapy**

Therapists work with children who are experiencing fine motor, self-help, visual-perceptual, visual motor skills, and sensory integration difficulties.

- *Eligibility: Children birth-teens.*

### **Pediatric Physical Therapy**

Physical therapy services are provided to disabled children by a registered physical therapist. Therapist works with motor skills, i.e. walking, crawling, sitting, etc.

- *Eligibility: Children birth-teens.*

### **Pediatric Speech Therapy**

Communication evaluations and therapy for children who have feeding/swallowing impairments, language or speech delays, and social or behavioral difficulties.

- *Eligibility: Children birth-teens.*

**Hours:** Monday to Friday - 7:30 AM - 5:30 PM.

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## **GiGi's Playhouse**



Free resources, specialized teaching, and support to individuals with Down syndrome, their families and the community.

- [2150 South Route 45-52, Suite A, Kankakee, IL 60901](https://www.gigisplayhouse.org/2150-South-Route-45-52-Suite-A-Kankakee-IL-60901)
- 815-939-7529
- [gigisplayhouse.org/bradley-kankakee](https://www.gigisplayhouse.org/bradley-kankakee)
- *Contact Email: [bradley@gigisplayhouse.org](mailto:bradley@gigisplayhouse.org)*

### **Cheer Gems**

Cheer Gems is an active, energetic group focused on positivity, recognition and spirit. Cheer Gems provides a springboard of confidence and gives children the opportunity to compete on a cheer squad.

- *Eligibility: Recommended for girls and boys between the ages of 4-16.*

### **Education Programs - CURRENTLY ON HOLD DUE TO COVID-19**

Free literacy and math programs. Families attend each lesson and leave with practical activities to continue learning at home.

- *Eligibility: Designed for individuals with Down syndrome ages 3 through adulthood.*

### **Fantastic Friends (Ages 18+)**

Supports the development of social skills and language through peer to peer interaction in a casual and fun setting. Along with their peers without Down syndrome, adult participants participate in the planning of activities so that group activities are based on personal interests. During Fantastic Friends, the group may participate in active games, dancing or exploring their local community.

- *Eligibility: All adults welcome from ages 18 and up.*



**GiGiFIT Program - CURRENTLY ON HOLD DUE TO COVID-19**

Focuses on improving fitness through strength, endurance, joint stability, balance, and movement control activities. Promotes wellness through nutrition, pushing through barriers, and building self-confidence.

- *Eligibility: GiGiFIT Adult for ages 18+. GiGiFIT Teen for ages 13-17. GiGiFIT Infant for infants to pre-walking.*

**Open Play**

Open Play helps promote positive beginnings for new families with a child with Down syndrome, creates awareness opportunities for peers and friends, as well as support and networking for current families.

- *Eligibility: Open to families with children of all ages and their friends.*

**Programs for Early Learners - CURRENTLY ON HOLD DUE TO COVID-19**

- LMNOP: An interactive program designed to guide parents and young children through learning basic sign language and other forms of communication using music and language-based activities.
  - *Eligibility: Recommended for ages newborn to 36 months.*
- CRAWLERS & WALKERS: Focuses on the development of gross and fine motor skills through activities that are hands-on and fun! Social skills and language development will also be addressed, with focus on learning new words, following directions and interacting with peers.
  - *Eligibility: Recommended for 1-5-year-olds.*
- LEAPS & BOUNDS: This program promotes social, emotional, large and small muscle group development. Children will participate in fun and engaging activities that require movement and interaction with their environment.
  - *Eligibility: Recommended for children ages 3-5 years old.*

**Programs for School Age Learners - CURRENTLY ON HOLD DUE TO COVID-19**

Supports the development of social skills and language through peer to peer interaction in a casual and fun setting. Supports gross motor skills through active games, fine motor skills, and self-help skills.

- *Eligibility: PLAYHOUSE PALS - Recommended for 5-8-year-olds. KID'S CLUB - Recommended for 8-12-year-olds.*

**Programs for Teens - CURRENTLY ON HOLD DUE TO COVID-19**

TEEN TASTIC - Focuses on building social skills with friends without Down syndrome by participating in team-based activities in a casual and fun setting. Skill development includes understanding compromise, turn-taking and problem-solving abilities.

- *Eligibility: Recommended for ages 13-17-year-olds.*

**Hours:** Tuesday & Wednesday - 9:00 AM - 3:30 PM. Thursday - 10:30 AM - 7:00 PM.

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## Good Shepherd Manor



- [4129 N. IL-1 17, Momence, IL 60954](#)
- 815.472.3700
- [goodshepherdmanor.org](http://goodshepherdmanor.org)
- Contact Email: [info@goodshepherdmanor.org](mailto:info@goodshepherdmanor.org)

### **Residential Facility for Adults with Developmental Disabilities**

Serves the needs of men with intellectual and developmental disabilities. Insurances accepted include Medicaid and Medicare. Provides educational, vocational, leisure and sports activities for the men.

- *Eligibility: Services adult (ages 18+) men with intellectual and developmental disabilities.*

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## Illinois Department of Human Services



- [285 North Schuyler Avenue, Kankakee, IL 60901](#)
- 815-939-4545
- 1-800-843-6154
- [www.illinois.gov/hfs](http://www.illinois.gov/hfs)
- **Services available in Spanish.**

### **Home-Based Service (HBS) Program**

Provides individuals with a monthly allotment to purchase needed services and supports that allow them to continue living in a family residence or to live in their own home. Transportation services costs may be covered for the individual to gain access to waiver and community services, activities and resources.

- *Eligibility: Children and adults with intellectual and developmental disabilities that have been approved to receive DD Medicaid waiver services.*

### **In-Home Assistance**

Serves individuals who are too severely disabled to receive vocational rehabilitation services and institutionalization will be avoided if home health care services are received.

### **PUNS (Prioritization for Urgency of Need for Services)**

A statewide database used to select individuals for services as funding becomes available. Children, teens, and adults with developmental disabilities who need services or supports can enroll in PUNS. PUNS selections are based upon funding availability. Enrolling in PUNS does not confirm that you are eligible for services nor guarantee that services will be provided. It does ensure that the IDHS' Division of Developmental Disabilities knows about an individual's need for services. To speak with an IDHS rep about the PUNS enrollment process, call the toll-free number: 1-800-843-6154.

- *Eligibility: Children and adults with intellectual and developmental disabilities.*

### **Rehabilitation Services**

This office provides rehabilitation services to severely disabled, physically or mentally impaired citizens whose handicap is static and who cannot obtain gainful employment. This agency seeks to enable the handicapped person of employable age to become a self-supporting citizen. Services offered are: diagnostic evaluation, vocational training, career counseling, paid work experience, job training & more.

- *Eligibility: Children and adults with intellectual and developmental disabilities.*

**Hours:** Monday to Friday - 8:30 AM - 5:00 PM

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## Kankakee Area Special Education Cooperative



- [650 W Guertin, St. Anne, IL 60964](#)
- 815.422.4151
- [www.kasec.org](http://www.kasec.org)
- Contact: Debra Quain, Director - [quaind@kasec.org](mailto:quaind@kasec.org)

### **Special Education & Support Services**

KASEC also runs two different special education programs: Communications Program for students on the autism spectrum and the Alternative Day Program for students with social/emotional and behavioral needs. Provides the special education services to the area school districts requesting them:

- |   |   |
|---|---|
| <input type="checkbox"/> Audiological services                              | <input type="checkbox"/> Occupational therapy                             |
| <input type="checkbox"/> Vision itinerant and orientation/mobility services | <input type="checkbox"/> Speech and language therapy                      |
| <input type="checkbox"/> Deaf/hard of hearing itinerant services            | <input type="checkbox"/> Autism consultant services and staff development |

**Hours:** Monday to Friday - 8:00 AM - 4:00 PM

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## Kankakee County Training Center for the Disabled, Inc. (KCTC)



Kankakee County Training Center for The Disabled, Inc.

Provides developmentally disabled adults with opportunities to acquire skills necessary to become more productive, contributing members of their community.

- [595 N. Industrial Drive, Bradley, IL 60915](#)
- 815.939.9980
- [www.kankakeecountytrainingcenter.org](http://www.kankakeecountytrainingcenter.org)
- Contact Email: [info@kctc-org.com](mailto:info@kctc-org.com)
- Contact for General Information: Tina Mascher - [tmascher@kctc-org.com](mailto:tmascher@kctc-org.com)

### **Developmental Training**

Provides people with developmental disabilities opportunities for community employment, and personal, social, or community services that will assist them in becoming independent.

### **Rehabilitation Program**

Provides people with developmental disabilities opportunities for community employment, as well as personal, social, or community services that will assist them in becoming independent.

### **Residential Program - Community Integrated Living Arrangements (CILA)**

KCTC owns ten CILA homes located in Kankakee, Bradley and Bourbonnais. In each home reside 4-8 consumers who are adults with developmental disabilities. Each consumer pays his or her own rent as well as groceries. Each home consists of personnel of staff who assist the consumers with their daily living skills. The Residential Program provides people with developmental disabilities an opportunity to live in a supported community home environment while providing services that will assist them in becoming independent both socially and economically. For more information regarding the CILA homes, contact Jeremy Sheely at (815) 932-4022.

- Eligibility: Available to adults, ages 18 and older.

### **Seniors/Special Needs Program**

Programs for older adults with disabilities offered five days a week from 8 AM - 2 PM, focused on maintaining language, motor, and personal social skills. Builds daily living and communication skills, to maintain and possibly improve their functional skills through recreation and leisure activities, to provide them opportunities for community outings, and to fulfill their socialization needs.

- *Eligibility: Participants for adults, ages 50 years or older, with developmental disabilities.*

### **Vocational Training**

To provide vocational training opportunities and paid compensation to people with developmental disabilities and at the same time provide the corporate customer with quality products in a timely fashion.

Hours: Monday, Tuesday, Wednesday, & Friday - 6 AM - 3 PM. Thursday - 7 AM - 2:45 PM

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## **Options Center for Independent Living**

Non-residential, not-for-profit, community-based organization that promotes independent living for people with disabilities by providing information/referral, advocacy, peer support, and a wide variety of other services. Services are free for individuals with disabilities.

- [22 Heritage Drive, Suite 107, Bourbonnais, IL 60914](#)
- 815.936.0100
- <http://optionscil.org/>

### **Community Reintegration Program**

Services help adults with disabilities access services and support systems needed in order to move into their own residence and live independently.

- *Eligibility: Services for adults with disabilities, ages 18 to 59.*

### **Equipment Loan**

People in need of small equipment for disabilities may be able to lease such through an equipment loan program. Items available for loan are wheelchairs, walkers, and canes. Availability of items varies.

### **Independent Living Skills Training**

Options works cooperatively with the Office of Rehabilitation Services and area schools and organizations to provide appropriate training in independent living skills through job skills, employment assistance, housing acquisition, and personal assistance programs.

### **Information & Referral**

Options provides current information on adaptive equipment, housing, support services, employment, and other issues for persons with disabilities and the general public. Referrals are made to outside sources, including community agencies and service providers, whenever appropriate.

### **Peer Support**

The peer-support program at Options can match a person with a disability with another person who has a similar disability or life experience. These peer counselors provide role modeling, exhibit strong coping and problem-solving skills, and share the benefit of their knowledge about community resources. Options also facilitates a support group for persons with all types of disabilities and a support group for persons with visual impairments.

### **Personal Assistance Program**

Options provides orientation for personal assistants for adults with disabilities. Personal assistants (PAs) help people with disabilities in their homes, assisting them with the tasks of daily living, such as dressing, preparing meals, shopping, or other activities. Options maintains an active registry of personal assistants for use by people with disabilities who hire and manage their Pas. Options also provides PA management training for people with disabilities to help them effectively recruit, screen, train, and manage Pas.

- *Eligibility: Services for adults, ages 18 and up, with disabilities.*

### **Vision Services**

Provides vision services to help adults maintain independent living. Individuals can try out many types of independent living aids in Options' Vision Assistive Technology Center to determine which aids will improve their ability to perform daily living tasks. Other services include free adaptive equipment, independent living skills training, Braille service, advocacy, and a vision support group. Additionally, Options CIL partners with blind/low-vision individuals over the age of 18 interested in securing or maintaining employment. The Vision Service program provider will work 1:1 with people who may benefit from Assistive Technology and/or training on the use of Assistive Technology at home.

- *Eligibility: Services for individuals ages 55 and older who have significant vision impairments.*

### **Youth Transition Program**

Options CIL also provides two programs for youth with disabilities interested in transitioning to post-secondary life. In both Youth Transition programs, the provider may work 1:1 and/or in a group setting with youth on Job Exploration Counseling; Work-based learning experiences; Counseling on Post-Secondary Education; Workplace Readiness training and instruction in Self-Advocacy, including how to request reasonable accommodations. Peer support is also a focus.

- *Eligibility: Services available for youth with disabilities ages 14-24.*

**Hours:** Monday to Friday - 8:30 AM - 5:00 PM

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## **River Valley Special Recreation Association**



- [1335 East Broadway Street, Bradley, IL 60915](https://www.rivervalleysra.com)
- 815.933.7336
- [Rivervalleysra.com](https://www.rivervalleysra.com)
- *Contact Email: [rivervalleysra@gmail.com](mailto:rivervalleysra@gmail.com)*

### **Therapeutic Recreation Programs**

Provides therapeutic recreation programs and events for people with special needs or developmental disabilities. Also offered during the summer is a nine-week day camp program for ages 6-19.

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## Service Inc of Illinois



Provides Independent Service Coordination for individuals of all ages with developmental delays or disabilities. Early intervention services for children under the age of 3.

- [Svcincofil.org](http://Svcincofil.org)

- *Contact: Cindy Luzeniecki, Local Interagency Coordinator - [cluzeniecki@svcincofil.org](mailto:cluzeniecki@svcincofil.org) 815-730-2617 (EXT: 7708)*

### Service Inc.

- [1740 West McDonough Street, Joliet, IL 60436](#)
- 815.741.0800
- 800-244-8008

### Early Intervention, Child & Family Connections #15

- [2300 Glenwood Avenue, Joliet, IL 60436](#)
- 815.730.2617
- 888.329.0633

### **Individual Service Coordination**

ISSA workers/ISC Service Coordinators help people with developmental disabilities find the services and support they need to live a better life. Services include: assessment of needs, intake and initial screening; assistance with emergency and problem situations; brokering for services among multiple service providers; counseling; eligibility and assistance with finding funding sources; evaluations when needed; follow-up visits; information and referral; individual service and support advocacy; introduction to local parent/family advocacy groups; ongoing service coordination; personal futures planning; quality assurance and enhancement; training in self-advocacy; transition planning; and transportation.

- *Eligibility: Serves families with children under the age of 3.*

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## Shapiro Developmental Center

Shapiro Developmental Center is a center for developmentally disabled adults who have severe medical and/or behavioral needs. Run by the State of Illinois.

- [100 East Jeffery Street, Kankakee, IL 60901](#)
  - 815.939.8011
  - [www.dhs.state.il.us/page.aspx?item=58720](http://www.dhs.state.il.us/page.aspx?item=58720)
-

## Early Childhood Services

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### Aunt Martha's Health and Wellness Center



- [1777 East Court Street, Kankakee, IL 60901](https://www.auntmarthas.org)
- 877.692.8686
- [www.auntmarthas.org](https://www.auntmarthas.org)
- **Services available in Spanish.**

### Coordinated Intake of Kankakee County

Coordinated Intake maintains and records referrals and serves as a recruitment tool for home visiting programs in Kankakee County: First Taste, P.E.E.P., Easterseals - Jumpstart, and Healthy Families.

### Healthy Families - Home Visiting Program

Free, voluntary parent support program, serving expecting first-time parents. Provides developmental screenings, play groups, fun family nights, information and guidance on parenting, and much more.

- *Eligibility: Serves expecting first-time parents, ages 24 years old and younger.*

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### Child Care Resource and Referral



Services to help promote and facilitate affordable, quality child care through assistance, education and advocacy in Will, Grundy, Kendall and Kankakee counties.

- [1 Dearborn Square, Suite 600, Kankakee, IL 60901](https://www.childcarehelp.com)

- 815.741.1163
- 800.552.5526
- [childcarehelp.com](https://www.childcarehelp.com)

### Child Care Assistance Program (CCAP)

Administers the Child Care Assistance Program (CCAP) that provides financial support to pay for child care for families under a certain income percentage, as identified by the Department of Human Services.

### Early Head Start - Child Care Partnership (EHS-CCP)

This partnership works to expand the availability of high-quality child care and education for children - birth to age 3. Provides childhood development and support services to low-income infants and toddlers.

### Parent Referrals

Parent Referral Specialists work to provide referrals to families looking for child care.

### Preschool for All (PFA)

A partnership between Preschool for All and Child Care Resource & Referral to expand the availability of high-quality care and education for children ages 3 to 5. The program serves children who are at risk of academic failure. The goal is to create a foundation for kindergarten readiness.

- *Eligibility: Services for children ages 3 - 5.*

**Hours:** Monday to Friday - 8:00 AM - 4:30 PM

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## Easterseals



- 815-932-0623
- [easterseals.com/joliet](http://easterseals.com/joliet)
- *Contact: Tyler Reynolds, Lead Home Visitor Data Systems - [treynolds@joliet.easterseals.com](mailto:treynolds@joliet.easterseals.com)*

- **Services available in Spanish.**

### Early Childhood Prevention Initiative - Jumpstart Office

- [515 East North Street, Bradley, IL 60915](#)

### Easterseals Office

- [511 East North Street, Bradley, IL 60914](#)

### Developmental Screenings and Home Visiting - Jumpstart

Free home-visiting program providing developmental screenings, education, play groups, and more.

- *Eligibility: Families with children birth-age 3 who reside in Kankakee, Iroquois, Ford, Will, Grundy, and Kendall counties.*

### Developmental Stimulation Therapy

An educational component of Early Intervention, this therapy is provided by a child development specialist and covers all areas of development. Cognitive, language, gross motor, fine motor, social and self-help activities are all included in both group and individual sessions. This program is a strong support for continued focus on the goals of therapies like speech, occupational and physical therapy.

- *Eligibility: Children from birth-age 3.*

### Early Intervention Services

Enhances the capacity of families to meet the special needs of their children with disabilities to assist them in reaching each new stage of development. As a family links with the Early Intervention Case Manager and develops an Individual Family Service Plan (IFSP), Easterseals provides...

- Occupational Therapy
  - Speech & Language Therapy
  - Physical Therapy
  - Case Management
  - Parent Resource/Toy Lending Library
  - Home or center-based service sites
- *Eligibility: Families with children from birth-age 3 with disabilities.*

### Equipment Loan Program

Provides equipment such as walkers, wheelchairs, bath aides, communication devices, etc., free of charge.

- *Eligibility: Available to all, regardless of income, upon presentation of a doctor's prescription.*

### Lekotek Play Therapy

Includes monthly play therapy sessions, a toy lending library, and computer resource services.

- *Eligibility: Families with children birth-teens with special needs.*

### Parent Support Group

Parent support group with monthly educational meetings. Call 815.932.0623 to register.

- *Eligibility: Serves parents of children with disabilities*



### **Pediatric Occupational Therapy**

Therapists work with children who are experiencing fine motor, self-help, visual-perceptual, visual motor skills, and sensory integration difficulties.

- *Eligibility: Children birth-teens.*

### **Pediatric Physical Therapy**

Physical therapy services are provided to disabled children by a registered physical therapist. Therapist works with motor skills, i.e. walking, crawling, sitting, etc.

- *Eligibility: Children birth-teens.*

### **Pediatric Speech Therapy**

Communication evaluations and therapy for children who have feeding/swallowing impairments, language or speech delays, and social or behavioral difficulties.

- *Eligibility: Children birth-teens.*

### **Respite Care Program**

Designed for short-term relief and support, respite workers watch the disabled child and his/her siblings for 3 hours one Saturday per-month, providing structured activities and snacks..

- *Eligibility: Serves parents and caregivers of developmentally disabled children ages 4 and up.*

### **Summer Camp Scholarships**

A special camp in Bloomington, Illinois gives disabled children and adults an opportunity to enjoy camp activities for one week each year. Camp sessions are overnight for five days.

- *Eligibility: Serves disabled children age 6 through adults.*

**Hours:** Monday to Friday - 7:30 AM - 5:30 PM.

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## **GiGi's Playhouse**



Bradley-Kankakee, IL

- [2150 South Route 45-52, Suite A, Kankakee, IL 60901](https://www.gigisplayhouse.org/bradley-kankakee)
- 815-939-7529
- [gigisplayhouse.org/bradley-kankakee](https://www.gigisplayhouse.org/bradley-kankakee)
- *Contact Email: [bradley@gigisplayhouse.org](mailto:bradley@gigisplayhouse.org)*

### **Programs for Early Learners**

- **LMNOP:** Program designed to guide parents and young children through learning basic sign language and other forms of communication using music and language-based activities.  
*Recommended for ages newborn to 36 months.*
- **CRAWLERS & WALKERS:** Focuses on the development of gross and fine motor skills through activities that are hands-on and fun! Social skills and language development will also be addressed, with focus on learning new words, following directions and interacting with peers.  
*Recommended for 1-5-year-olds.*
- **LEAPS & BOUNDS:** Program promoting social, emotional, large and muscle development.  
*Recommended for children ages 3-5 years old.*

**Hours:** Tuesday & Wednesday - 9:00 AM - 3:30 PM. Thursday - 10:30 AM - 7:00 PM.

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## Head Start



- 815-802-4954

### Head Start

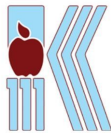
A comprehensive child development program. Families are eligible through verification of income, verification of residency and the child's date of birth. Children with diagnosed disabilities are admitted without income restrictions. Classrooms are staffed with highly qualified teachers and assistants and children are regularly assessed throughout the school year to determine their progress in meeting the program goals. Program options include half-day and full day. Head Start classrooms are available in:

- Kankakee at Proegler School, the YWCA, and KCC.
- Bourbonnais at Alan Shepard.
- Manteno at Manteno Elementary School.
- Herscher at Herscher Intermediate School.

- *Eligibility: 3-5 year old children, primarily from low-income families in Kankakee County.*

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## Kankakee School District #111 - First Taste Birth-3 Program



**Kankakee  
School District 111**

First Taste is a state-funded program that focuses on parent education and child development for parents of children 0-3 years old. Free to families in District #111.

- [www.ksd111.org/Page/326](http://www.ksd111.org/Page/326)
- 779.701.1759
- *Contact: Erica Baptist, First Taste Supervisor - [erica-baptist@KSD111.org](mailto:erica-baptist@KSD111.org)*

### **First Taste**

Provides support and information for parents through home visits, group meetings, and screenings. Has locations in Bourbonnais at Liberty Intermediate School, Limestone Grade School, and the YWCA.

- *Eligibility: Parents of children from birth-age 3 who reside in District #111.*

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## Pembroke Early Education Program (P.E.E.P.)

A prevention initiative program providing coordinated services to families and their children birth to three years old who reside in the Pembroke School District #259.

- [4120 South Wheeler Road, Hopkins Park, IL 60944](http://4120 South Wheeler Road, Hopkins Park, IL 60944)
- 815.944.5219
- [www.psd259.org/o/pembroke-ccsd/page/pembroke-early-education-program](http://www.psd259.org/o/pembroke-ccsd/page/pembroke-early-education-program)

### **P.E.E.P. Program**

Provides coordinated services to families and their children ages birth to three. Helps parents to understand child development and connect parents to resources they would need to make the best choices for their families. Offers personal home visits customized to the needs of each family. Other services include: Monthly Group Connections, Resource Connections, Field Trips/Playgroups, Screenings, ASQ-3 Developmental Screenings, ASQ Social-Emotional Developmental Screenings, OAE/Hearing Detection, Vision Screening/Dental/Health Assessments, Life Skill Progression.

- *Eligibility: Open families with children birth-age three residing in the Pembroke School District.*

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## Rainbow Learning Enrichment

River Valley  
Migrant and Seasonal  
Head Start



- [107 North Schuyler Avenue, Kankakee, IL 60901](http://107NorthSchuylerAvenue.com)
- 815.932.0569
- [rvmshs.org](http://rvmshs.org)
- Contact: Maria Anderson, Program Director - [m.anderson@rvmshs.org](mailto:m.anderson@rvmshs.org)

- **Services available in Spanish.**

### **Head Start**

Provides free Head Start services to children of migrant and seasonal workers. In order to qualify, at least 51% of parental income must come from agricultural work. Open to the public only from June to October every year. Registrations are always on the first week of May.

- *Eligibility: Children accepted in Head Start can range from 6 weeks to 5 years old.*

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## Service Inc of Illinois



- [svcincofil.org](http://svcincofil.org)
- Contact: Cindy Luzeniecki, Local Interagency Coordinator - [cluzeniecki@svcincofil.org](mailto:cluzeniecki@svcincofil.org) - 815-730-2617 (EXT: 7708)

### **Service Inc.**

- [1740 West McDonough Street, Joliet, IL 60436](http://1740WestMcDonoughStreet.com)
- 815.741.0800
- 800-244-8008

### **Early Intervention, Child & Family Connections #15**

- [2300 Glenwood Avenue, Joliet, IL 60436](http://2300GlenwoodAvenue.com)
- 815.730.2617
- 888.329.0633

### **Early Intervention**

Early Intervention is a statewide program that provides supports and services for families to help their children under 3 years of age meet developmental milestones. To get started call 815-730-2617. You will meet with a service coordinator to talk about your concerns you have with your child. The service coordinator will set up evaluations with service providers to determine whether your child is eligible for early intervention supports and services. If eligible, you will work with your team to develop a plan. These services will be provided at a convenient time for your family and in familiar places where your child learns and plays, such as your home, child care center, the park or library.

- *Eligibility: Serves families with children under the age of 3.*

## Tiny Talkers Speech & Feeding Therapy Inc

Speech-language pathology services. Accepts Blue Cross Blue Shield PPO, United Healthcare, Medicaid HMO Advantage, and is an out of network provider with Aetna.

- [10 N Locust St, Suite 2, Manteno, IL 60950](#)
- 815-592-1057
- *Contact: Jill Jones, Owner & Certified Speech Therapist*

### **Speech & Feeding Therapy**

Tiny Talkers offers speech and feeding therapies for children, including speech and language evaluations, individual therapy sessions, and more. Feeding therapies offered for babies and toddlers experiencing difficulties due to having been on a feeding tube, a syndrome, or sensory issues. Services also available for children struggling with social skills development, including those who may be on the autism spectrum.

- *Eligibility: Typically sees infants through children in 6th grade.*

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## Yakos Therapy Inc



Speech-language pathology services. Accepts most major insurances and private pay. Does not accept Medicaid.

- [200 E. Court St, Suite 708, Kankakee, IL 60901](#)
- 815-304-5548
- [yakostherapy.com](#)
- *Contact Email: office@yakostherapy.com*
- *Contact: Maria Yakos MHS, CCC-SLP, Speech & Language Pathologist*
- **Services available in Spanish.**

### **Group Programming**

- ❑ Social Language Play Group - Allows children to interact with same-age peers in play and music activities to encourage social language and play skill development.
- ❑ Language Enrichment Group - Open to children in early elementary to middle school, this group provides vocabulary enriching activities and promotes narrative language skills.
- ❑ Parent Home Program Group - Gives parents information regarding language development and provides parents with at home activities to encourage language growth.
- ❑ Spanish/English Dual Language Play Group - Provides language games, songs, rhymes and action to expose preschool to kindergarten age children to Spanish/English language and culture.

### **Speech Therapy**

Full speech and language evaluations, individual therapy sessions, and more. Services include: augmentative and alternative communication (AAC) treatment, academic tutoring, accent reduction, autism specific therapy, adult therapy, assistance for auditory processing disorders, childhood apraxia of speech (CAS) treatment, identification of developmental delays, reading readiness, language enrichment, language disorder therapy, and more. Feeding therapy is currently on-hold due to COVID-19.

- *Eligibility: Services typically for children up to the age of 14.*

## Early Childhood Services - Day Care Organizations

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### Cornerstone Preschool



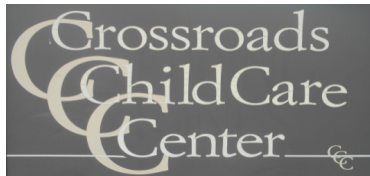
Christian preschool program for children ages three to five. Offers half-day and full-day daycare programs as well as after school care.

- [855 W 5000N Rd, Bourbonnais IL, 60914](http://855.W.5000N.Rd.Bourbonnais.IL.60914)
- 815-933-3890
- [thecornerstone.org/preschool](http://thecornerstone.org/preschool)

**Hours:** Monday to Friday. Half-day Preschool - 9:00 AM - 12:00 PM. Full day Preschool - 9:00 AM - 3:00 PM. Before and After-School Care from 7:00 AM - 9:00 AM and from 3:00 PM - 5:00 PM.

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### CrossRoads Childcare Center



Preschool, daycare, and afterschool programs serving children from the ages of six weeks to twelve years old.

- [348 Larry Power Rd, Bourbonnais, IL 60914](http://348.Larry.Power.Rd.Bourbonnais.IL.60914)
- 815-928-9790
- [crossroadsbourbonnais.com](http://crossroadsbourbonnais.com)

**Hours:** Monday to Friday - 6:30 AM - 6:00 PM

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### Garden of Prayer Youth Center



Provides children, 6 weeks-5 years old, with educational support promoting physical, cognitive, social and emotional growth.

- [gopyouthcenter.org](http://gopyouthcenter.org)
- 815-933-2493

**Early Education Facility**

- [381 South Fourth Avenue, Kankakee, IL 60901](http://381.South.Fourth.Avenue.Kankakee.IL.60901)

**Safe Haven**

- [101 South Division Street, Aroma Park, IL 60901](http://101.South.Division.Street.Aroma.Park.IL.60901)

**Hours for both locations:** Monday to Friday - 6:00 AM - 6:00 PM

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### Kindercare Learning Center



Offers childcare, before and after-school programs, and preschool programs for children from six weeks to twelve years old.

- [150 W John Casey Rd, Bourbonnais, IL 60914](http://150.W.John.Casey.Rd.Bourbonnais.IL.60914)
- 815-935-2110
- [kindercare.com/our-centers/bourbonnais/il/300924](http://kindercare.com/our-centers/bourbonnais/il/300924)

**Hours:** Monday to Friday - 6:00 AM - 6:15 PM

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### **Lasting Impressions Inc.**



Childcare and early education facilities for children from 6 weeks- 8 years old. Preschool for All program for children ages 3-5 years old.

- [lastingimpressionslearning.com](http://lastingimpressionslearning.com)
- 815-937-2690
- Contact Email: [lstgimp@sbcglobal.net](mailto:lstgimp@sbcglobal.net)

#### Bourbonnais Location

- [735 Main N.W., Bourbonnais, IL 60914](http://735%20Main%20N.W.,%20Bourbonnais,%20IL%2060914)

#### Kankakee Location

- [1237 W Station St, Kankakee, IL 60901](http://1237%20W%20Station%20St.,%20Kankakee,%20IL%2060901)

#### Limestone Location

- [5061 W. Route 17, Kankakee, IL 60901](http://5061%20W.%20Route%2017,%20Kankakee,%20IL%2060901)

Bourbonnais Location Hours: Monday to Friday - 6:00 AM - 6:00 PM

Kankakee and Limestone Locations Hours: Monday to Friday - 6:00 AM - 5:30 PM

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### **Little Light of Mine Child Care Center**

Child care center hosting children from 6 weeks old to twelve years old.

- [238 S Gordon Ave, Kankakee, IL 60901](http://238%20S%20Gordon%20Ave.,%20Kankakee,%20IL%2060901)
- 815-936-8119

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### **Mary Sears Children's Academy**



Preschool, Kindergarten, and child care programs for infants, toddlers, and children up to twelve years old.

- [775 W. Cook St, Manteno, IL 60950](http://775%20W.%20Cook%20St.,%20Manteno,%20IL%2060950)
- 815-468-1144
- [www.mary-sears-academy.com/manteno-school](http://www.mary-sears-academy.com/manteno-school)
- Contact Email: [mcamanteno@gmail.com](mailto:mcamanteno@gmail.com)

Hours: Monday to Friday - 6:00 AM - 6:00 PM

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### **MBS Childcare Center**



Daytime and full-time childcare - including infant care, toddler care, preschool care, and after school care - for children from six weeks to six years old.

- [525 East Fair St, Kankakee, IL 60901](http://525%20East%20Fair%20St.,%20Kankakee,%20IL%2060901)
- 815-802-0553

Hours: Monday to Friday - 6:00 AM - 6:00 PM

## Melissa's Daycare Center

Child care services for children from the age of six weeks to twelve years old.

- [13851 East Central Ave, Hopkins Park, IL 60944](#)
  - 815-944-5079
  - Contact Email: [kcyia@yahoo.com](mailto:kcyia@yahoo.com)
- 

## Play Palz 101



Provides care for children ages six weeks - 18 years old, including children with special needs. Includes special accommodations for mothers who are breastfeeding.

- [playpalz101.com](http://playpalz101.com)
- Contact Email: [playpalz101@yahoo.com](mailto:playpalz101@yahoo.com)

### Play Palz - Bourbonnais

- [115 Mooney Drive, Suite 4, Bourbonnais, IL 60914](#)
- 815.929.0101

### Play Palz - Chebanse

- [190 Concordia Dr, Chebanse, IL 60922](#)
- 815.697.3800

### Play Palz - Downtown Kankakee

- [270 N Schuyler Ave, Kankakee, IL 60901](#)
- 815-936-0101

### Play Palz - Kankakee

- [201 N. Wall Street, Kankakee, IL 60901](#)
  - 815.939.0101
- 

## Stepping Stones Learning Center

Full-time, part-time, and half-time daycare for children ages six weeks-twelve years old.

- [279 Cypress St, Manteno, IL 60950](#)
- 815-468-6598
- [steppingstonesmanteno.com](http://steppingstonesmanteno.com)

Hours: Monday - Friday - 5:30 AM - 6:00 PM

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## The Little Greene School House



Child care facility for children age six weeks to twelve years old. Offers a full-day Preschool class focused on preparing students for kindergarten.

- [555 E. North St, Suite A, Bradley, IL 60915](http://555.E.North.St.Suite.A.Bradley.IL.60915)
- 815-939-9302
- [littlegreenschoolhouse.weebly.com](http://littlegreenschoolhouse.weebly.com)
- *Contact Email: [littlegreenschoolhouse@gmail.com](mailto:littlegreenschoolhouse@gmail.com)*

Hours: Monday to Friday - 6:00 AM - 6:00 PM

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## YMCA - PNC Grow Up Great Preschool



*PRESCHOOL PROGRAM PUT ON HOLD IN 2020 DUE TO COVID-19.*

The PNC Grow Up Great Preschool provides an enriching, nurturing environment that fosters learning and social development for the most important preschool years. CCR&R funding is accepted and financial assistance is available for those that qualify.

- [1075 North Kennedy Drive, Kankakee, IL 60901](http://1075.North.Kennedy.Drive.Kankakee.IL.60901)
  - 815.933.1741
  - [k3ymca.org/preschool](http://k3ymca.org/preschool)
  - **Translation for Spanish can be provided if given prior notice.**
- 

## Young Women's Christian Association (YWCA) of Kankakee



Infant, toddler, preschool and school-age care for children ages 6 weeks - 12 years old. Licensed by DCFS. Child care subsidy available to income eligible families. Utilizes the Creative Curriculum in all classrooms. Developmental Screenings administered to all children from birth to age 5.

- [1086 East Court Street, Kankakee, IL 60901](http://1086.East.Court.Street.Kankakee.IL.60901)
- 815.933.4516
- **Services available in Spanish.**

Hours: Monday to Friday - 6:00 AM - 5:00 PM

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## Health Care - Assisted Living and Skilled Care

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### AMITA Health Home Care



Home health agency providing nursing, physical therapy, occupational therapy, speech therapy, medical social services, and home health aide services. Accepts Medicare, Medicaid, and most private insurances.

- [555 W. Court St., Suite 212, Kankakee, IL 60901](#)
- 815.937.2475
- [amitahealth.org/services/home-care](http://amitahealth.org/services/home-care)
- **Services available in Spanish.**

### Home Health Services

AMITA's Home Care team provides personalized care, medical care and support in the comfort and security of a patient's home. Evidence-based quality care encompasses a comprehensive range of services, including nursing and rehabilitation.

- *Eligibility: In order to receive home care services, you must have a doctor's order. Your doctor must have seen you within the last 90 days. If you haven't seen a doctor in the past 90 days, you can still receive AMITA Health home care if you see your doctor within the next 30 days.*

**Hours:** Monday to Friday - 8:00 AM - 4:00 PM

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### Aperion Care Bradley



Skilled care facility offering memory care, short-term stays, and coordination of hospice care. Accepts Medicare, Medicaid, private pay, and most insurances.

- [650 N. Kinzie Avenue, Bradley, IL 60915](#)
  - 815.933.1666
  - [aperioncare.com/locations/bradley](http://aperioncare.com/locations/bradley)
- 

### Asbury of Kankakee



Supportive living facility, or assisted living, certified by Medicaid. Provides assisted living to median to low income individuals 65 years of age and older.

- [1975 East Court Street, Kankakee, IL 60901](#)
  - 815.936.1000
  - <http://asburyhealthcare.com/asbury-kankakee>
  - **Services available in Spanish.**
-

## Ascension Living Heritage Village

24-hour care that includes licensed assisted living, intermediate, and skilled care levels. Accepts most major insurances. Does not accept Medicaid.

- [901 North Entrance Avenue, Kankakee, IL 60901](http://901NorthEntranceAvenue.com)
- 815-939-4506
- [www.ascensionliving.org/find-a-community/heritage-village](http://www.ascensionliving.org/find-a-community/heritage-village)

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## Bickford Senior Living



An independent and assisted living senior community. Accepts private pay only.

- [100 Jones Drive, Bourbonnais, IL 60914](http://100JonesDrive.com)
- 815.936.9500
- [bickfordseniorliving.com/branch/bickford-of-bourbonnais](http://bickfordseniorliving.com/branch/bickford-of-bourbonnais)
- *Contact Email: [bourbonnaislec@bickfordseniorliving.com](mailto:bourbonnaislec@bickfordseniorliving.com)*

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## Citadel Care Center



Post-acute care facility. Specializes in treatment of adults diagnosed with a variety of medical conditions associated with aging, injury, and psychological health. Accepts Medicare and Medicaid.

- 815.933.1711
- [Citadelofkankakee.com](http://Citadelofkankakee.com)

### Kankakee Location

- [900 West River Place, Kankakee, IL 60901](http://900WestRiverPlace.com)

### Bourbonnais Location

- [20 Briarcliff Lane, Bourbonnais, IL 60914](http://20BriarcliffLane.com)

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## Grand Prairie Services - Bradley House



GRAND PRAIRIE SERVICES  
INTEGRATED HEALTHCARE

24-hour supervised care facility offering behavioral healthcare. Accepts private insurance, Medicare and Medicaid, and self-pay clients.

- [136 South Clinton Ave, Bradley, IL 60915](http://136SouthClintonAve.com)
- 815.939.2313
- [www.gpsbh.org/](http://www.gpsbh.org/)
- **Services translation if requested.**

### **24-Hour Supervised Care Facility**

Provides case management, counseling, skills training, transportation to a psychiatrist, and psychosocial rehabilitation through a community agency. Levels of residential care include: 24-Hour Supervised Supportive Housing, Permanent Supportive Housing, and Transitional 24 hour supervised housing.

- *Eligibility: Local services are only available for adults ages 21 and older.*

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## Help at Home



Provides home healthcare for senior adults, as well as community living services for individuals with intellectual or developmental disabilities over the age of 18.

- [www.helpathome.com](http://www.helpathome.com)
- [946 N. Kinzie Ave, Bradley, IL 60915](http://946.N.Kinzie.Ave.Bradley.IL.60915)
- 815-932-1350

**Hours:** Monday to Friday - 8:00 AM - 5:00 PM

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## Harvest View Assisted and Independent Living



Independent living, assisted living, and short term rehabilitative care. Accepts private pay only.

- [100 Harvest View Ln, Herscher, IL 60941](http://100.Harvest.View.Ln.Herscher.IL.60941)
  - 815-426-2000
  - [harvestviewliving.com](http://harvestviewliving.com)
  - *Contact Email: [info@harvestviewliving.com](mailto:info@harvestviewliving.com)*
- 

## Heritage Woods of Manteno



Assisted lifestyle community for adults aged 65 and older. Accepts Medicare, Medicaid, and various other insurance options.

- [355 Diversatech Drive, Manteno, IL 60950](http://355.Diversatech.Drive.Manteno.IL.60950)
  - 815.468.3553
  - [www.gardant.com/heritagewoodsmanteno](http://www.gardant.com/heritagewoodsmanteno)
  - *Contact Email: [administrator@hw-manteno-slf.com](mailto:administrator@hw-manteno-slf.com)*
- 

## Illinois Veterans Home at Manteno



Provides a skilled nursing home for Illinois Veterans who served during a war time period and either entered the service from Illinois or have been a resident for the last year.

- [1 Veterans Drive, Manteno, IL 60950](http://1.Veterans.Drive.Manteno.IL.60950)
  - 815-468-6581
  - [www2.illinois.gov/veterans/homes/Pages/Manteno.aspx](http://www2.illinois.gov/veterans/homes/Pages/Manteno.aspx)
-

## Manteno Springs

Manteno Springs is an assisted living facility. Assists families with Home Health agencies offering physical and occupational therapy should a patient require it. Accepts private pay only.

- [600 North Birch, Manteno, IL 60950](#)
  - 815.468.6896
  - *Contact Email: [mantenosprings@gmail.com](mailto:mantenosprings@gmail.com)*
- 

## Momence Meadows Nursing and Rehabilitation Center



Momence Meadows is a skilled care facility. Short term respite care and restorative rehabilitative stays are offered, as well as long term placement. Accepts Medicare and Medicaid.

- [500 South Walnut, Momence, IL 60954](#)
  - 815.472.2423
  - [www.momencemeadows.com](http://www.momencemeadows.com)
  - *Contact Email: [administrator@momencemeadows.com](mailto:administrator@momencemeadows.com)*
- 

## Pembroke Senior Citizen Center

Senior center for older adults in the Pembroke Township community. Provides activities for local seniors such as adult day care, senior nutrition, and early morning breakfast.

- [4019 South Wheeler Road, Pembroke Township, IL 60958](#)
  - 815.944.5283
  - *Contact Email: [sup.pembmiles1@yahoo.com](mailto:sup.pembmiles1@yahoo.com)*
- 

## Riverside Home Healthcare



Home Healthcare services involve treatment assistance, medication monitoring, treatment education, therapy services - including physical therapy, occupational therapy, and speech therapy, rehabilitation services, and cardiac rehabilitation.

Accepts Medicare and Medicaid, as well as most commercial insurance options. Call to confirm your insurance provider is accepted.

- [611 Division St, Peotone, IL 60468](#)
  - 815-935-3272
  - [www.riversidehealthcare.org/services/home-health](http://www.riversidehealthcare.org/services/home-health)
-

## Riverside Senior Life Communities - Bourbonnais



- [85 E. Burns Rd. Bourbonnais, IL 60914](https://www.riversidehealthcare.org/senior-life/)
- 815-935-3332
- [www.riversidehealthcare.org/senior-life/](https://www.riversidehealthcare.org/senior-life/)

### **Assisted Living and Memory Care**

- ❑ Assisted Living - Residents enjoy the comfort and convenience of a private, one-bedroom suite with access to all community programs and amenities. All residents have the support of an interdisciplinary team to create an individualized service plan that incorporates their needs and preferences.
- ❑ Memory Care - Memory care residents can access a network of wellness and education programs, including: Music therapy, Brain health programs, Pet Therapy, and Art Therapy. Care Team includes: A full-time social worker, a recreation specialist who organizes meaningful programs and events that promote fulfillment and dignity, visiting physicians from Riverside Medical Center, dedicated Alzheimer's and dementia experts available to assist with personalized service plans, and on-site physical, occupational and speech therapies, and more.

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## Riverside Senior Life Communities - Kankakee



- [1485 Butterfield Trail, Kankakee, IL 60901](https://www.riversidehealthcare.org/senior-life/)
- 815-935-3273
- [www.riversidehealthcare.org/senior-life/](https://www.riversidehealthcare.org/senior-life/)

### **Assisted Living, Independent Living, and Memory Care**

- ❑ Assisted Living - Residents enjoy the comfort and convenience and their choice of a private studio, one-bedroom or two-bedroom suite with access to all community programs and amenities. All residents have the support of an interdisciplinary team to create an individualized service plan that incorporates their needs and preferences.
- ❑ Memory Care - Memory care residents can access a network of wellness and education programs, including: Music therapy, Brain health programs, Pet Therapy, and Art Therapy. Care Team includes: A full-time social worker, a recreation specialist organizes meaningful programs and events that promote fulfillment and dignity, dedicated Alzheimer's and dementia experts available to assist with personalized service plans, and on-site physical, occupational and speech therapies, and more.
- ❑ Independent Living - Independent Living residents enjoy distinctive apartment living while working with staff to maintain personal wellness. For more information, visit: [www.riversidehealthcare.org/senior-life/our-communities/independent-living/kankakee](https://www.riversidehealthcare.org/senior-life/our-communities/independent-living/kankakee)
- ❑ Riverside Estate Homes - Estate home residents can choose from the two- and three-bedroom ranch homes at Riverside Senior Life. Each home is complete with all appliances. Rates include utilities, so residents can have consistent monthly costs. For more information, visit: [www.riversidehealthcare.org/senior-life/our-communities/estate-homes/](https://www.riversidehealthcare.org/senior-life/our-communities/estate-homes/)

## Riverside's Miller Rehabilitation Center



**RIVERSIDE**  
HEALTHCARE

Skilled and intermediate nursing care and specialized geriatric care. Dietitians, speech, occupational, physical, and respiratory therapists help residents meet clinical, functional, psychological and emotional needs. Accepts most forms of commercial,

Medicare, and Medicaid insurances.

- [1601 Butterfield Trail, Kankakee, IL 60901](#)
- 815.936.6500
- [www.riversidehealthcare.org/location/miller-rehabilitation](http://www.riversidehealthcare.org/location/miller-rehabilitation)

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## Stonecrest Manor

Assisted living home for senior citizens. Licensed facility for private pay only.

- [110 South Harvard Street, Momence, IL 60954](#)
- 815.472.2411
- *Contact Email: [MomenceStoneCrestAL@gmail.com](mailto:MomenceStoneCrestAL@gmail.com)*

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## Uplifted Care



Physical, emotional, spiritual, and social support for individuals living with terminal illness. Medicare and Medicaid recipients are never billed for hospice services. A sliding scale rate is offered to those without insurance.

- [82 NW Main Street, Bourbonnais, IL 60914](#)
- 815.939.4141
- [upliftedcare.org](http://upliftedcare.org)
- *Contact Email: [main@upliftedcare.org](mailto:main@upliftedcare.org)*

## Hospice Care

Provides comfort care and symptom management, medical supplies and equipment, counseling for the patient and family, spiritual support, regular nursing visits, 24-hour on-call nursing support, volunteer assistance, medications related to the terminal illness, and education and grief support for families.

## Palliative Care

Palliative care is specialized medical care for persons with serious illness who require an extra layer of support while still receiving curative treatment. Visits are made by physicians and nurse practitioners, social work and spiritual care support to assist with symptom management, coordinate community resources and assist with advanced care planning.

## Transitions Program

This is a free, non-medical program that provides volunteer support and resource management to persons with serious illness who may still be seeking curative treatment. Weekly assistance with things such as companionship, light household help, meal prep and respite for caregivers is available.

## VITAS



Hospice care for patients with a life-limiting illness. Palliative care team focuses on symptom management, pain relief and quality-of-life issues for patients facing chronic, complex or serious illnesses.

- [525 E. North St., Suite C, Bradley, IL 60915](http://525.E.North.St.,Suite.C,Bradley,IL.60915)
- 844.468.1515
- [vitas.com](http://vitas.com)
- Contact: Linda Fennema - [linda.fennema@vitas.com](mailto:linda.fennema@vitas.com)
- **Some services are available in Spanish.**

### **Hospice/Palliative Care**

Hospice and palliative services assist with pain management, offer hands-on care, and provide emotional support as well as help with financial issues and planning. Physicians are available for pain and symptom management consultation as well as to make house calls, as needed. Home health aids are available to help with personal care and also can help with light housekeeping, light laundry, and occasional shopping.

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## Health Care - Mental Health Services

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### AMITA Health St. Mary's Hospital Behavioral Health Institute



Behavioral health services for adults (18+). Accepts most insurances. Most private insurances and Medicare cover outpatient services.

- [amitahealth.org](http://amitahealth.org)
- 815.937.2081
- [500 W Court Street, Kankakee, IL 60901](#)
- Outpatient Location: [21 Heritage Drive, Suite 102, Bourbonnais, IL 60914](#)
- Contact: Doug Jones, Director of Behavioral Health and Emergency Services - [douglas.jones@amitahealth.org](mailto:douglas.jones@amitahealth.org)
- **Translation services can be provided**

#### Outpatient Services

Outpatient services are available in both individual and family settings. Individuals can schedule appointments on their own. Provides a variety of outpatient services including:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Medication Management               | <input type="checkbox"/> Marital             | <input type="checkbox"/> Bipolar Disorders    |
| <input type="checkbox"/> Individual and/or Family Counseling | <input type="checkbox"/> Behavioral Problems | <input type="checkbox"/> Schizophrenia        |
| <input type="checkbox"/> Depression                          | <input type="checkbox"/> Stress Management   | <input type="checkbox"/> Self-Esteem          |
| <input type="checkbox"/> Grief                               | <input type="checkbox"/> Anxiety             | <input type="checkbox"/> Life Issues/Problems |
|  | <input type="checkbox"/> Eating Disorders    |   |

- Eligibility: Services for adults ages 18 and up.



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**Ann Marie Brzeszkiewicz, LCPC**

Licensed Clinical Professional Counselor and certified alcohol and drug counselor. Accepts most major insurance companies.

- [110 Mooney Drive, Suite 1, Bourbonnais, IL 60914](#)
- 815.933.7887
- *Contact Email: [doctorannmarie@live.com](mailto:doctorannmarie@live.com)*

**Counseling Services**

Provides a wide spectrum of counseling services including anger, depression, anxiety and ADD.

- Family Counseling: The family's foundation can be strong yet sometimes the members need work to maintain its durability.
- Addiction Counseling: Provides substance abuse counseling, children of alcoholic issues counseling, and codependency counseling. Addiction affects the family and when possible family counseling is recommended.
- *Eligibility: Counseling options for children, adolescents, and adults.*

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**Associated Counseling and Wellness Centers**



Offers Individual, Family, and Couples Counseling options as well as Psychological Testing services. Accepts Medicare and most major insurance plans.

- [300 N Kennedy Dr, Ste. 6, Bradley, IL 60915](#)
- 815-929-0099
- [lifecounselors.net](http://lifecounselors.net)

**Individual, Family & Couples Counseling**

Specialists are training for working with adolescents. Other specialities include: Addiction Assistance (food, smoking, drugs, alcohol, or anything else), Cognitive-Behavioral Therapy, Play Therapy for Children, Sleep Therapy, Smoking Cessation, and more.

- *Eligibility: Serves adults ages 18 and older.*

**Psychological Testing**

Diagnostic testing and evaluations for: ADD/ADHD, Depression, Personality, Employee Aptitude, Anxiety, Couples compatibility, Post trauma, Academic achievement, Stress, and Drugs and Alcohol.

- *Eligibility: Serves adults ages 18 and older.*

**Sleep Right Program**

This 8-week program uses cognitive behavioral therapy (CBT) and Mindfulness to improve sleep.

- *Eligibility: Serves adults ages 18 and older.*

Hours: Monday to Thursday - 9:00 AM - 9:00 PM. Saturday - 9:00 AM - 12:00 PM.

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## Aunt Martha's Health and Wellness Center



Mental health - therapy and psychology services are available, as well as telehealth therapy and psychiatry services. Serves families who are uninsured, underinsured, or receiving public aid. Medicaid accepted.

- [1777 East Court Street, Kankakee, IL 60901](http://1777EastCourtStreet.com)

- 877.692.8686
- [auntmarthas.org](http://auntmarthas.org)
- **Services available in Spanish.**

- **Clinic Hours:** Monday, Tuesday, & Friday - 8:30 AM - 5 PM. Wednesday & Thursday - 8 AM - 6:30 PM. 1st & 3rd Saturday of each month- 9 AM - 1 PM.

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## Autism Home Support Services



Offers in-home ABA treatment for children with autism as well as a variety of other disorders. Serves children in Kankakee County.

- 844-247-7222
- [autismhomesupport.com](http://autismhomesupport.com)
- *Contact Email: [contact@AutismHomeSupport.com](mailto:contact@AutismHomeSupport.com)*

### **In-Home ABA Therapy**

Applied behavior analysis (ABAB) therapy tailored to work with individuals across the spectrum with Autism Spectrum Disorders (ASD) as well as related diagnoses such as: Anxiety, Asperger's Syndrome, ADD/ADHD, Behavior Difficulties/Disorders, Developmental Delays, Down Syndrome, OCD, and more.

- *Eligibility: Child receiving services must already have a formal medical diagnosis.*
- 

## Benay McCue, LCPC

Private mental health practitioner. Specializes in Bi-Polar and other mood disorders. Accepts a variety of private insurance providers, as well as self-pay and sliding scale patients, and is a TriCare provider.

- [8 Heritage Plaza, Bourbonnais, IL 60914](http://8HeritagePlaza.com)
- 815-933-2533

### **Counseling Services**

Offers counseling services with specialty in mood disorders. Types of counseling include: Cognitive Behavioral (CBT), Dialectical, Mindfulness-Based, Positive Psychology, and Solution Focused Brief.

- *Eligibility: Serves adults ages 18 and older.*
- 

## Bourbonnais Terrace

Specialized mental health rehab facility offering immediate care and psychiatric rehabilitation for adults (ages 18+) with a diagnosed mental health condition.. Accepts Blue Cross, Illinicare, Next Level Care, Floridian, and Medicaid. Does not accept Medicare.

- [133 Mohawk Drive, Bourbonnais, IL 60914](http://133MohawkDrive.com)
- 815.937.4790

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## Catholic Charities, Diocese of Joliet



- [249 S. Schuyler Avenue, Suite 300, Kankakee, IL 60901](#)
- 815.933.7791
- [catholiccharitiesjoliet.org](http://catholiccharitiesjoliet.org)
- *Contact Email: [info@cc-doj.org](mailto:info@cc-doj.org)*

### **Outpatient Counseling Services**

Individual, group, family, couples and senior therapy options are provided, in addition to specialized services such as anger management groups and preventative education programs. Most major insurances are accepted, as well as Medicaid. Call 815-723-0331 to verify insurance providers. Accommodations can be made for individuals and families who are struggling financially.

**Hours:** Monday to Friday - 8:30 AM - 4:30 PM

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## Collective Balance Counseling LLC



Offers counseling, social work, and art therapy. Accepts Cigna, Blue Cross/Blue Shield PPO, United Healthcare and Private Pay.

- [500 Brown Blvd, Bourbonnais, IL 60914](#)
- 815-214-9766
- [collectivebalancecounseling.com](http://collectivebalancecounseling.com)
- *Contact Email: [collectivebalancecounseling@gmail.com](mailto:collectivebalancecounseling@gmail.com)*

### **Art Therapy**

Therapeutic, expressive, and creativity programming for children, adolescents, teens and young adults.

### **Child and Adolescent Counseling**

Therapists specialize in Play Therapy, Art Therapy, Family Systems and Special Education. Collective Applied Behavior Analysis (ABA) Therapy is also offered, which is considered an effective therapy for individuals with Autism. Staff have received a specialized certification to offer grief counseling.

### **Individual Therapy**

Personal therapeutic sessions allow therapists to work on a one-to-one basis with clients to help them resolve mental, emotional or social problems. Staff have received a specialized certification to offer grief counseling. Offers cognitive behavioral therapy (CBT) and other interventions for trauma treatment.

### **LGBTQ+ Youth Support Group**

This free youth peer support group takes place on Thursdays from 5:30 - 6:30 PM on ZOOM. LGBTQ+ youth and allies are welcome. To join, email [beth@collectivebalancecounseling](mailto:beth@collectivebalancecounseling).

- *Eligibility: Open to 7th - 12th grade students.*

### **Marriage and Family Counseling**

Family therapy can be used to address: divorce, parent-child conflict, problems between siblings, domestic violence, unexpected or traumatic loss of a family member, and more.

**Hours:** Monday to Friday - 8:00 AM - 10:00 PM. Saturday - 9:00 AM - 1:00 PM.

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## Community Counseling Services and Associates, LTD



Community Counseling  
Services & Associates, LTD

Behavioral Healthcare for children, adolescents, and adults. Accepts most private insurances and offers a sliding scale rate. Call to confirm your insurance provider is accepted.

- [525 E. North Street, Suite B, Bradley, IL 60915](#)

- 815.933.0667
- [counselingandwellnesshelp.com](http://counselingandwellnesshelp.com)
- *Contact: Carl Boyens, LCPC - [cboyens@healthyhead.com](mailto:cboyens@healthyhead.com)*

### **Counseling Services**

Services include child & adolescent counseling and testing services, marriage counseling, family counseling, faith-based programs, individual therapy, life coaching and more.

### **Psychological Testing**

Psychological Testing is available for an array of psychological problems. Offers testing for many different areas, including: ADD/ADHD, Bi-Polar Disorder, Couples Compatibility, and Mood Disorders.

**Hours:** Monday to Thursday - 9:00 AM - 7:00 PM. Friday - 9:00 AM - 5:00 PM.

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## Cornerstone Services



**CORNERSTONE**  
SERVICES

Serves adults (individuals ages 18+) with mental health needs as well as individuals with disabilities. Accepts Medicaid and private insurances.

- [1475 Harvard Dr, Kankakee, IL 60901](#)

- 815-823-8412
- [www.cornerstoneservices.org/](http://www.cornerstoneservices.org/)

### **Community Case Management**

Includes advocacy, linkage and referral to other needed services and resources.

### **Consultive Psychiatric Services**

Cornerstone offers the services of psychiatrists and psychiatric mental health nurse practitioners. Includes a psychiatric evaluation and follow-up medication management, if needed.

### **Crisis Intervention**

24-hour psychiatric crisis intervention services are available. Evidence-based practices provided include: Individual Placement and Support (IPS) employment services, Wellness Recovery and Action Plan (WRAP) 12-week workshop, Harm Reduction, Seeking Safety and other trauma-informed services.

### **Therapy Services**

Outpatient Therapy provides adults who have a diagnosed mental health condition or co-occurring substance use disorder with therapy on a scheduled and ongoing basis. Clients meet with a qualified therapist on-site for individual and/or group therapy services.

## Family Care Associates of Bourbonnais

Integrated counseling services for children through senior adults. In-network with Blue Cross Blue Shield, Aetna, Multiplan insurance. Also accepts Medicare and offers sliding scale or self pay options.

- [750 Almar Parkway, Suite 204, Bourbonnais, IL 60914](#)
- 815-214-9872
- *Contact: Dr. Benjamin Kunz, Clinical Psychologist*

### **Counseling Services**

Offers trauma-informed therapy and family therapy. Specializes in treating older adults. Not currently offering psychological testing services.

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## Garden of Prayer - HOPE Outpatient Program



- [www.gopyouthcenter.org](http://www.gopyouthcenter.org)
  - 815-933-2493
- Jordan Community Center
- [1432 South Fourth Avenue, Kankakee, IL 60901](#)

### **HOPE Outpatient Behavioral Health Program**

Located out of the Jordan Community Center, HOPE is a community based behavioral health program which provides services for children ages 5 years into adulthood. Strives to improve the overall mental and emotional well-being of individuals and families. Insurances accepted for this program include Illinicare, Blue Cross, Medicaid, and self-pay.

- *Eligibility: Open to children from the age of 5 and older, up to adults.*

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## Harbor House



- 24 Hour Hotline: 815.932.5800
- Main Office: 815.932.5814
- [harborhousedv.org](http://harborhousedv.org)
- *Contact Email: [info@harborhousedv.org](mailto:info@harborhousedv.org)*
- **Translation services available.**

### **Domestic Violence Counseling**

Provides free counseling services to victims of domestic violence and their children in Kankakee and Iroquois counties. Ongoing individual counseling is available to residential clients and walk-in clients. A group counseling support group is also available. Counseling focuses on crisis intervention, domestic violence education, and more. Call for more information.

### **Heather Neumann, LCSW**

Individual counseling services. Does not accept public aid. Accepts Blue Cross Blue Shield, Aetna, and Magellan Insurance. Offers a sliding scale for those without insurance. Please call to confirm that Heather is currently accepting new clients.

- [224 N. Cleveland Ave, Bradley, IL 60915](#)
- 815-260-4414

#### **Counseling Services**

Cognitive behavioral therapy (CBT) focus areas included acceptance and commitment therapy. Heather is practiced in addressing trauma, anxiety, bi-polar, teen issues, social skills, and more.

- *Eligibility: Open to teenagers (starting in 7-8th grade) through adults.*

Hours: Sunday - 2:00 PM - 6:00 PM. Monday - 4:00 PM - 7:00 PM.

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### **Helen Wheeler Center for Community Mental Health**



Outpatient community mental health center. Only accepts Medicaid and managed care plans. Offers a sliding scale for those without insurance.

- [202 N. Schuyler Ave, Suite 101, Kankakee, IL 60901](#)
- 815.939.3543

#### **Capitated Community Care**

Capitated Community Care is focused on those who are at greatest risk in the community, at high risk of psychiatric hospitalization, and/or those who are being discharged from a psychiatric hospitalization.

- *Eligibility: Serves adults ages 18 and older.*

#### **Outpatient Mental Health Counseling**

Services available in the outpatient programs include: Mental health assessment and individualized treatment planning. Therapy and counseling services - including behavior therapy- cognitive behavior therapy, play therapy, sand/sensory therapy, psychodynamic therapy. Family therapy. Parent resource developer support and intervention. Case management and outreach and engagement for the hard to reach population. Psychiatric and nurse services for those in need of medication services.

#### **Parent and Family Support Group**

Support group and resource meetings held for parents and also parent and child together. Advocacy services also provided for parents and youth in the community. Call for more information.

#### **SASS/Crisis Response - CARES Line: 1-800-345-9049**

Crisis mental health services for individuals experiencing a psychiatric emergency and at risk of hospitalization. The Helen Wheeler Center local SASS MCR team can be reached at 815-939-3991.

#### **Transitional Community Care Services**

Ensures the availability of all necessary services and supports for individuals transitioning from a State Operated Psychiatric Hospital (SOPH) to a lower level of care.

- *Eligibility: Serves uninsured/underinsured people as well as individuals with Medicaid.*

Hours: Monday, Tuesday, Wednesday, & Friday - 8:30 AM - 5:00 PM. Thursday - 8:30 AM - 6:00 PM.

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## Indian Oaks Family Healing



A highly individualized program for high-acuity, at-risk youth, ages 12-21, who have exhibited unhealthy sexual behaviors, patterns of abusive behavior, and lack of empathy, with and without accompanying intellectual disability. Offers a

variety of payment options including private pay, health insurance, and Medicaid.

- [101 Bramble, Manteno, IL 60950](#)
- 815.802.3700
- [www.nexusfamilyhealing.org/nexus-indian-oaks-family-healing/residential-treatment-programs](http://www.nexusfamilyhealing.org/nexus-indian-oaks-family-healing/residential-treatment-programs)
- *Contact: Karen Zucker, Admissions Supervisor - [kzucker@nexus-ioa.org](mailto:kzucker@nexus-ioa.org)*

### **Female Adolescent Emotional and Behavioral Disorders Programs**

Treatment for emotional and behavioral issues. This may include patterns of aggression or aggressive behavior, mental health issues, emotional problems, chemical dependency, and other issues.

- *Eligibility: Serves girls ages 12-21*

### **The Lighthouse Group Home - Female Adolescent Residential Program**

This transitional living program is for girls who have completed an Indian Oaks Academy residential treatment program. Prepares residents for successful community living.

- *Eligibility: Serves girls ages 12-21*

### **The Horizon Home - Female Adolescent Transitional Housing Program**

Prepares young women for adulthood and independent living.

- *Eligibility: Serves girls ages 12-21*

### **Female Adolescent Unhealthy Sexual Behaviors Program**

Girls in this program have been sexually, physically, or emotionally abused. This program addresses sexuality, family and peers, chemical abuse, and vocational planning in a holistic, individualized manner. Emphasis is placed on building trust and respect and discovering the value of positive relationships.

- *Eligibility: Serves girls ages 12-21*

### **Male Adolescent Unhealthy Sexual Behaviors Programs**

Boys in Indian Oaks Academy's Unhealthy Sexual Behaviors Programs have been sexually, physically, or emotionally abused. Some may also have pervasive developmental delays, and other special needs.

- *Eligibility: Serves boys ages 12-21*

### **Therapeutic Day School**

The Indian Oaks Academy (IOA) Educational Center, Safe Harbor School, is an on-site, non-public therapeutic day school that provides educational services to students who could benefit from a highly structured therapeutic environment and educational supports. Serves residents of the Indian Oaks Academy Residential Treatment Facility and students from the community who have been identified by their home districts as needing therapeutic education.

- *Eligibility: Serves boys and girls grades 6-12 with a variety of needs and diagnoses.*

Hours: Monday to Friday - 8:00 AM - 4:30 PM

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## **Institute for Social and Emotional Learning**



Licensed Clinical Professional Counselor and Certified Drug and Alcohol Counselor providing services for individuals, children, and families. Accepts Medicaid and other state medical cards (Blue Cross Blue Shield, Meridian, etc).

- [1 Dearborn Square, Suite 644, Kankakee, IL 60901](http://1DearbornSquare.com)
- 815-768-3134
- [dreamscomesfromchange.org](http://dreamscomesfromchange.org)
- *Contact: Dr. Polly Vaughn Ed.D, LCPC, CADC, Counselor*
- **Some Spanish translation services.**

### **Group and Individual Therapy**

Therapy options available for children and families, including, but not limited to, topics such as Alcohol Abuse, Anger Management, Depression, Domestic Abuse, Domestic Violence, Eating disorders, Marital and Premarital Counseling, Trauma and PTSD, Weight loss, and more.

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## **Iroquois Mental Health Center**



Offers outpatient mental health services for children and adults: psychotherapy, counseling, psychiatric consultation, and more. Accepts Medicare, Medicaid, and most insurance options.

- [www.iroquoismhc.com](http://www.iroquoismhc.com)

### Kankakee Meadowview Center

- [70 Meadowview Center, Suite 100, Kankakee, IL 60901](http://70MeadowviewCenter.com)
- 815-269-4769

### Manteno Center

- [411 West Division Street, Manteno, IL 60950](http://411WestDivisionStreet.com)
- 815-468-3241

### **Adult Mental Health Programs**

Individual and Family Therapy, Couples Therapy, mental health educational services, Interpersonal Psychotherapy, motivational interviewing, Art Therapy, psychiatric referrals, and more. Offered to individuals dealing with depression, anxiety, schizophrenia, behavioral issues, trauma and/or PTSD, abuse, family conflict, relationship issues, self-harm, life changes, general coping skills, and more.

- *Eligibility: Serves individuals ages 18 and over.*

### **Child & Adolescent Mental Health Programs**

Offers Individual and Family Therapy, Crisis Services, Parenting Groups, Case Management and Service Coordination, and Psychiatric Services (for children aged 12+). Serves children and adolescents dealing with: behavioral issues, relationship issues and conflict, bullying, cutting and self-harm, transitional issues such as divorce, changing schools, moving, changes in guardianship, foster care, and more.

- *Eligibility: Serves children, typically starting at ages 4 or 5, under the age of 18.*



### **Gambling Addiction Counseling**

Specialized counseling for gambling addiction treatment. Services include: gambling assessments, outpatient counseling, group counseling, family sessions, self-exclusions, and support services referrals. Gambling services are available at the Watseka location: 323 West Mulberry St, Watseka, IL 60970.

Kankakee Location Hours: Monday & Wednesday: 8 AM - 5 PM. Tuesday & Thursday: 8 AM - 7 PM.

Manteno Location Hours: Monday to Thursday 8 AM - 9 PM. Friday - 8 AM - 5 PM.

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### **Jamie Boudreau, LCPC**

Clinical Professional Counselor providing Jungian Psychotherapy services for adults dealing with various mental health and life adjustment issues. Accepts BlueCross BlueShield of Illinois, other select insurance companies as an out-of-network provider, and private pay clients.

- [575B William R. Latham Sr. Drive, Bourbonnais, IL 60914](#)
- 815-933-4072
- *Contact: Jamie J. Boudreau, LCPC - [jjboudreau@comcast.net](mailto:jjboudreau@comcast.net)*

### **Counseling Services**

Treatment options are available for individuals struggling with depression, anxiety, life adjustment issues including grief, childhood trauma, and relationship issues.

- *Eligibility: Counseling services for adults ages 18 and up.*

Hours: Monday to Friday - 8:00 AM - 6:00 PM

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### **Jo Ellen Carl, LCPC**

Licensed Clinical Professional Counselor. Provides individual and family therapy, ADHD, Depression, Divorce issues, Educational issues, and more to children, adolescents and adults in a private practice setting. Accepts most major insurances and private pay.

- [110 Mooney Drive, Suite 1, Bourbonnais, IL 60914](#)
  - 815.933.7887
- 

### **Julie Dotson, LCPC**

Licensed Clinical Professional Counselor serving clients from the age of eight to 65. Addresses depression, anxiety, trauma issues, women's issues, stress related to work, school or family, and grief and loss. Accepts Blue Cross/Blue Shield, Aetna, Cigna, United Healthcare, Health Alliance, Allied Benefit Systems, Meritain Health and several Employee Assistance Programs.

- [110 Mooney Drive, Suite 1, Bourbonnais, IL 60914](#)
  - 815.933.7887
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## Kankakee County Center Against Sexual Assault (KC-CASA)



Services for sexual assault and abuse victims to assist in their recovery and to work toward the elimination of sexual assault and abuse in Kankakee and Iroquois counties. Services are free and confidential.

- [1440 West Court Street, Kankakee, IL 60901](https://www.kc-casa.org/)
- 815.932.7273
- 24-Hour Crisis Hotline - Kankakee: 815.932.3322
- [www.kc-casa.org/](https://www.kc-casa.org/)

### **Counseling**

Individual, family and group therapy is available for adults and children who are survivors of sexual assault, sexual abuse and sexual harassment. Counseling is also available for family members and significant others. All services offered with complete confidentiality. 24-Hour crisis hotline: 815.932.3322.

### **Support Group for Adult Survivors of Childhood Sexual Abuse**

Meet with other survivors and a trained counselor in a safe and confident environment.

Hours: Monday, Wednesday, & Thursday - 9 AM - 7 PM. Tuesday & Friday - 9 AM - 5 PM.

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## Kankakee County Veterans Assistance (VA) Clinic

Offers behavioral health services to veterans, including individual, and group counseling.

- [581 William Latham Drive, Suite 301, Bourbonnais, IL 60914-2450](https://www.hines.va.gov/locations/kankakee.asp)
- 815-932-3823
- [www.hines.va.gov/locations/kankakee.asp](https://www.hines.va.gov/locations/kankakee.asp)

Hours: Monday to Friday - 7:30 AM - 4:30 PM.

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## Kankakee Terrace



Specialized mental health rehab facility. Serves short-term rehabilitative patients and residents. Accepts Aetna, Blue Cross, Humana, Meidian, Illinicare, CountyCare, public aid, & managed care.

- [100 Belle Aire Ave, Bourbonnais, IL 60914](https://kankakeecare.com)
  - 815.939.0910
  - <https://kankakeecare.com>
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## Keystone Counseling



Individual, group, couples, and family counseling. Counselors have a variety of specialty areas. Insurances accepted may vary by therapist.

- [183 E. Bethel Drive, Bourbonnais, IL 60914](https://www.keystonecounselors.com)
- 815.939.1900
- [www.keystonecounselors.com](https://www.keystonecounselors.com)

Hours: Monday to Friday - 8:00 AM - 5:00 PM.

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## LOSS- Loving Outreach to Survivors of Suicide



Loving Outreach  
to Survivors of Suicide  
*Offering Hope and Healing for Those Who Mourn a Loss to Suicide*

Support Group for survivors of suicide. This group is free and open, which means that new members may join at any time. LOSS is intended for loss survivors who are at least 18 years old. Meetings have now been moved to an online format. To attend an online LOSS group, register by calling (312) 655-7283 or sending an email to [loss@catholiccharities.net](mailto:loss@catholiccharities.net).

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### Megan K. Bucklin, LCPC

Private practice providing counseling services for individuals and families. Specializes in working with children (4 years old and up) and teens. Accepts most major insurances and self-pay clients.

- [10 N. Locust St., Suite 1, Manteno, IL 60950](#)
- 815-935-5540

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## PFLAG (Parents, Families and Friends of Lesbians and Gays) - Kankakee



**PFLAG**  
Parents, Families and Friends of Lesbians and Gays

PFLAG promotes the health and well-being of lesbian, gay, bi-sexual and transgender persons, their families and friends through support, education, and advocacy. Meets at St. John United Church of Christ, 1045 W River Street, Kankakee, IL 60901.

- 815.932.2845
- [pflag.org](http://pflag.org)
- *Contact Email: [pflagkankakee@pflagillinois.org](mailto:pflagkankakee@pflagillinois.org)*

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## Project Headspace and Timing



Project Headspace and Timing promotes positive mental health practices to our nation's veterans and work to unify them with their communities, nature, and themselves. They also help local veterans transitioning back to civilian life.

- [Projectheadspaceandtiming.com](http://Projectheadspaceandtiming.com)
- *Contact: Eric Peterson, Founder - [ericp@projectheadspaceandtiming.org](mailto:ericp@projectheadspaceandtiming.org)*

## Project SUN



Strengthens the children's behavioral health system of care in Kankakee County by developing a family-driven and youth-guided network of services and supports.

- 815.304.5933
- [projectsunkankakee.org](http://projectsunkankakee.org)
- *Contact Email: [projectsun@cfkrv.org](mailto:projectsun@cfkrv.org)*

### **Community Navigators**

The System of Care Community Navigator training program allows individuals to become certified Community Navigators. Community Navigators are trained to assist families in identifying community resources and options to meet their needs using the Kan-I Help database.

### **Information & Resource-Finding Assistance**

Project SUN provides information through multiple sources about Kankakee County resources related to healthy social and emotional development, behavioral health, and the well-being of young children and adolescents. To gain assistance in finding information and local resources, contact the Project SUN office.

### **Parent Cafes**

Parents, grandparents, and other caregivers across Kankakee County are invited to attend free monthly Parent Cafes. These Parent Cafes are typically hosted on the third Thursday of every month.

### **Peer Parent Mentoring & Networking**

Project SUN is in the process of recruiting and training adolescents, parents, and other caregivers who have lived experience with children's behavioral health services in Kankakee County.

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## **Riverside Healthcare Behavioral Medicine Services**



Riverside provides assessment and treatment for a broad range of behavioral health issues for children, adolescents, adults, and seniors. Behavioral Medicine services include comprehensive mental health services. Accepts most forms of commercial,

Medicare, and Medicaid insurances. Call to confirm your insurance provider is accepted.

- [riversidehealthcare.org/services/behavioral-medicine](http://riversidehealthcare.org/services/behavioral-medicine)
- **Translation services are available.**

**Inpatient Programs** - *Services provided for individuals ages 5 and above.*

- [350 N. Wall Street, Kankakee, IL 60901](#)
- *Central Intake Department: 844-442-2551*

**PHP & IOP Programs** - (Pathways) *Services for individuals ages 12 and above. (During COVID)*

- [400 S. Kennedy Dr, Suite 200, Bradley, IL 60915](#)
- *Central Intake Department: 844-442-2551*

### **Central Intake Department**

In times of crisis, persons can receive mental health evaluation services 24/7 in the Emergency Department at Riverside Medical Center or call 844-442-2551.

### **Intensive Outpatient Program through Pathways (IOP)**

IOP is a less restrictive group program focusing on mental health. The goal of IOP is to help stabilize individual's stressors in day to day life, monitor medication and making adjustments, and identifying and implementing effective, healthy coping skills to maintain optimal functioning. IOP is a minimum of 9 hours of group programming per week. Insurances not accepted for this program include: Molina, United Healthcare, County Care. Call the Behavioral Medicine - Central Intake Department at 844-442-2551 for more information or a referral to treatment programs and services.

Good candidates for this program include:

- Anyone whose mental health symptoms are affecting their daily functioning.
  - Individuals needing preventive measures to avoid inpatient psychiatric hospitalization.
  - Individuals struggling with depression, anxiety, trauma, grief, and chronic mental illness, among many others.
  - Adults dealing with comorbidity, mental health, and substance abuse.
- *Eligibility: Adult PHP and IOP serves ages 18 and above. Adolescent IOP serves ages 12-17.*

### **Partial Hospitalization Program through Pathways (PHP)**

PHP is an alternative to hospitalization that provides a highly structured daily program focusing on mental health. PHP programming provides intensive group treatment focusing on mental illness that impacts daily functioning. The goal of PHP is to help stabilize individual's stressors in day to day life, monitor medication and making adjustments, and identifying and implementing effective, healthy coping skills to maintain optimal functioning. PHP programming for adults is dual diagnosis addressing mental health and substance abuse issues. PHP is a minimum of 20 hours group programming per week.

- *Eligibility: Services for individuals ages 12 and older.*

### **Electroconvulsive Therapy (ECT)**

ECT is a treatment used for several psychiatric disorders such as depression, mania, catatonia, and agitation/aggression in people with dementia. Performed in Riverside's Post Anesthesia Care Unit.

- *Eligibility: Patients ages 18 and above can receive this therapy.*

### **In-Patient Mental Health Unit**

Services include programs that address the unique needs of children starting at age 5, adolescents and seniors starting at age 65. The Senior unit is medically equipped to treat the aging adults medical needs.

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## South Schuyler Counseling



South  
Schuyler  
Counseling

Provides counseling services, specializing in marital and premarital relationship issues, as well as child or adolescent counseling. Only accepts private pay and Medicaid. A sliding scale option is available for individuals without insurance.

- [187 South Schuyler Ave, Suite 555, Kankakee, IL 60901](https://southschuylercounseling.business.site)
- 815-304-4726
- <https://southschuylercounseling.business.site>
- *Contact: William Lacy, Owner & Licensed Marriage & Family Therapist - [southschuylercounseling@outlook.com](mailto:southschuylercounseling@outlook.com)*

### **Counseling Services**

Offers individuals, couples, and group counseling options. Specialty areas include marital and premarital, relationship issues, and child or adolescent counseling. Teletherapy is now available for those who live 30+ minutes away within the state of Illinois.

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## Steffani Hommes, LCPC

Licensed Counselor with a background in working with survivors of sexual assault and domestic violence. Specializes also in counseling for school anxiety for adolescents. Insurances accepted include: Blue Cross, Cigna, United Behavioral Health, United Healthcare, UMR, as well as private pay or sliding scale.

- [8 Heritage Plaza, Bourbonnais, IL 60914](https://www.google.com/maps/place/8+Heritage+Plaza,+Bourbonnais,+IL+60914)
- 708-846-3768

### **Counseling Services**

Offers counseling services on a wide variety of topics, including: ADHD, Anxiety, Autism, Depression, Domestic Violence, Learning Disabilities, Relationship Issues, Self Esteem, Self-Harming, Sexual Abuse, Stress, Suicidal Ideation, Teen Violence, Trauma and PTSD, and more.

- *Eligibility: Generally works with clients that are ages 17+.*

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## Sunrise Farms



Sunrise Farm's Healing Arts Center offers therapeutic riding, equine-facilitated psychotherapy, and art therapy. Services are available for children of all ages. Insurance is not accepted, but services are offered on a sliding scale rate.

- [4370 E 3500 S Rd, St. Anne, IL 60964](https://www.google.com/maps/place/4370+E+3500+S+Rd,+St.+Anne,+IL+60964)
- 815-482-4486
- [sunrisefarmsinc.com](http://sunrisefarmsinc.com)
- *Contact: Megan Boyle, Licensed Art Therapist & Certified Equine Therapist - 972-983-1623*

## Thom Showers, LCPC

Professional counselor that specializes in working with teens and adults. Accepts private pay, BlueCross and BlueShield, Cigna, ERS, Optum, and UnitedHealthcare insurance options.

- [10 N Locust St., Suite 1, Manteno, IL 60950](#)
- 708-265-7809
- [www.facebook.com/ThomShowersLCPC](http://www.facebook.com/ThomShowersLCPC)

### **Counseling Services**

Offers a counseling approach to addressing: ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Coping Skills, Depression, Marital and Premarital Counseling, Sexual Abuse, Stress, Trauma, PTSD, and more. Offers Cognitive Behavioral Therapy, Mindfulness-Based Therapy, and more.

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## Thresholds



Rehabilitation and community support for adults with a mental health diagnosis in Kankakee County. Only accepts Medicaid.

- [202 N. Schuyler Avenue, Suite 205, Kankakee, IL 60901](#)
- 815.935.8886
- 815.348.4508
- [thresholds.org](http://thresholds.org)

### **Case Management**

Intensive case management and community-based support providing home visits, assistance with day to day problem solving, individual skills training, referrals to other providers such as medical doctors and other social services, money management, symptom management, group and individual counseling.

Outreach workers operate as a team and see members wherever they may be-usually at their homes, or other community settings. Services include: Psychiatric care Medication management, Counseling, Independent living assistance (money management, transportation, shopping) Community Support Resource coordination (e.g., physical health care, dental, legal, etc.)

- *Eligibility: Mental health treatment and support for adults age 18 and up, who have a serious mental health condition, and active Medicaid.*

### **Group Home Services**

Group home services for individuals who need more intensive independent living skills training and support. Residents are taught basic living skills, including diet, hygiene, and money management. Residences also offer opportunities to develop friendships through communal living and shared activities. Services include:

- Rehabilitative stabilization services
- Individual and group counseling
- Medication monitoring
- Case Management
- Independent living skills training
- Crisis intervention

- *Eligibility: Mental health treatment and support for adults age 18 and up, who have a serious mental health condition, and active Medicaid.*

### **Individual Placement Services**

Services include vocational assessment, career exploration, assistance with job placement, job coaching and on the job support. Services include: vocational assessment, work readiness skills training, assistance with job placement, and ongoing job support for working members.

- *Eligibility: Mental health treatment and support for adults age 18 and up, who have a serious mental health condition, and active Medicaid.*

### **New Freedom Center**

The program operates a daily Drop in Center- Thresholds New Freedom Center Kankakee, Center for Recovery, Outreach/Case Management, and Employment services. The New Freedom Center is a peer-run drop-in center, and is open 6 days a week for clients of Thresholds. The services include group classes and activities that support wellness and mental health recovery skills training, social connection and social skills training, and community involvement.

- *Eligibility: Mental health treatment and support for adults age 18 and up, who have a serious mental health condition, and active Medicaid.*

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## **Turning Point Counseling Center, LLC**

Offers counseling services and support groups. Accepts Aetna, BlueCross and BlueShield, Cigna, and select other insurance providers, as well as Blue Cross Medicaid and Meridian. DFCS approved provider.

- [396 Belle Aire Avenue, Bourbonnais, IL 60914](https://www.turningpointcounselingcenter.com)
- 815-954-2044
- [turningpointcounselingcenter.com](https://www.turningpointcounselingcenter.com)
- *Contact Email: [tpccenter@comcast.net](mailto:tpccenter@comcast.net)*

### **Classes**

Options offered at this location include: Anger Management Class, Positive Divorce Parenting and Co-Parenting Class, Children's Divorce Class, Parenting Classes, Non-Traditional Parenting and Step-Parenting Class, and Couples' Enhancement Class.

### **Counseling Services**

Turning Point offers the following counseling settings: Individual Counseling, Family Counseling, Couples Counseling, and Group Counseling. Specialized therapies include EMDR II Therapy and Trauma Therapy.

- *Eligibility: Serves toddlers through adults.*

### **Groups**

Groups offered at this location include: Single parenting group, Adoptive family support groups, ADHD children's group, Reactive Attachment Disorder group, Women's enhancement groups, Domestic Violence groups, Parent support groups. Contact the Turning Point office to register for a group.

Hours: Monday to Thursday - 9:00 AM - 7:00 PM. Friday - 9:00 AM - 6:00 PM.

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## Uplifted Care



Grief counseling and grief support groups open to the community. All services for grief support are free and available to the whole community whether your loved one received services from Uplifted Care or not.

- [82 NW Main Street, Bourbonnais, IL 60914](https://www.82nwmainstreet.com/)
- 815.939.4141
- [upliftedcare.org](https://www.upliftedcare.org)
- *Contact Email: [main@upliftedcare.org](mailto:main@upliftedcare.org)*

### **Grief Counseling**

Individual and family counseling available for children through adults both in-person and over the phone. A family grief camp is held annually in late summer.

### **Grief Support Groups**

Bereavement Support Groups are open to anyone in the community who has experienced the death of a loved one within the last year. Separate groups are available for adults, children, and teenagers. A series of different specialized groups are offered throughout the year. Check the Uplifted's website calendar page for dates and times, or call the main office and ask to speak with a bereavement counselor.

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## VITAS



- [525 E. North St., Suite C, Bradley, IL 60915](https://www.vitas.com/locations/525-E-North-St-Bradley-IL)
- 844.468.1515
- [vitas.com](https://www.vitas.com)
- **Grief Support Group for Spanish speakers is available.**

### **Grief Support Groups**

Support groups provide information and guidance to those experiencing grief and loss. An assortment of phone-in support groups and Zoom video support groups are available, free of charge, to help meet the needs of caregivers. These support groups are facilitated by VITAS Bereavement Services. For a full list of grief support group options, visit the VITAS website.

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## Health Care - Pediatric Health Services

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### Aunt Martha's Health and Wellness Center



Provides pediatric and family health care services to those who are uninsured, underinsured, or receiving public aid. Medicaid accepted.

- [1777 East Court Street, Kankakee, IL 60901](http://1777EastCourtStreetKankakeeIL60901)
- 877.692.8686
- [auntmarthas.org](http://auntmarthas.org)
- **Services available in Spanish.**

Clinic Hours: Monday, Tuesday, & Friday - 8:30 AM - 5 PM. Wednesday & Thursday - 8 AM - 6:30 PM. 1st & 3rd Saturday of each month- 9 AM - 1 PM.

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### ABC Pediatrics



Provides quality health care to adolescents, babies, and children. Accepts most major insurance providers. Not currently accepting any new Medicaid clients.

- [370 Larry Power Rd, Suite 1, Bourbonnais, IL 60914](http://370LarryPowerRdBourbonnaisIL60914)
- 815-937-3515
- <http://abcpedsk3.com/>

Hours: Monday to Friday - 9:00 AM - 5:00 PM. Saturday - 9:00 AM - 12:00 PM.

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### Dr. Doreena McBride, MD

Pediatric office treating children from birth to age 21. Specializes in Adolescent Medicine. Services include routine well child exams/preventive care, immunizations, vaccinations, and more. Accepts most major insurance plans, including Medicaid, as well as private pay.

- [461 Brown Blvd, Suite B, Bourbonnais, IL 60914](http://461BrownBlvdSuiteB,Bourbonnais,IL60914)
- 815-933-5700
- <http://drmcmb.com>
- *Contact Email: [pedclinicpc@aol.com](mailto:pedclinicpc@aol.com)*

Hours: Monday to Wednesday - 9 AM - 5 PM. Thursday 12 - 6 PM. Friday - 9 AM - 5 PM.

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### Hassan H. Youssef, MD SC

Pediatric services include routine well child exams, preventive care, and immunizations for children from newborns to age 21. Offers ADD screening and evaluation services. Accepts most major insurance providers, except HMOs. Not currently accepting new clients with public aid.

- [400 South Kennedy Drive, Bradley, IL 60915](http://400SouthKennedyDriveBradleyIL60915)
- 815-932-3132
- *Contact Email: [hyoussesoffice@gmail.com](mailto:hyoussesoffice@gmail.com)*

Hours: Monday to Friday - 9:00 AM - 4:30 PM

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## Riverside Pediatric Health Services



Accepts most forms of commercial, Medicare, and Medicaid insurances. Call to confirm your insurance provider is accepted.

### Pediatric Health Specialists

- [300 Riverside Drive, Suite 2400, Bourbonnais, IL 60914](#)
- 815-935-4907

### Pediatric Therapy

- [350 N. Wall Street, Kankakee, IL 60901](#)
- 815-839-9962

### Pediatric Health

From newborns to college kids and everyone in between, Riverside Medical Group Pediatric Specialists offer resources for wellbeing and provide expert care.

- *Eligibility: Treatment is focused on children ages 0-21.*

### Pediatric Therapy

Riverside works collaboratively to make an individualized treatment plan for every child. Licensed Physical Therapists, Occupational Therapists, and Speech Language Pathologists have a passion for pediatric therapy and are dedicated to improving the lives of their patients and their patients' families.

- *Eligibility: Treatment is focused on children ages 0-21.*

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## Zaheer Pediatric Associates

Pediatric practice specializing in the care of children ages newborn to 21 years of age. Also offers breastfeeding/lactation consultant services. Accepts nearly all major insurances.

- [70 Meadowview Center, Suite 300, Kankakee, IL 60901](#)
- 815-802-0022
- [zaheerpediatrics.com](http://zaheerpediatrics.com)
- *Contact Email: [zaheerpediatrics@gmail.com](mailto:zaheerpediatrics@gmail.com)*

Hours: Monday to Friday - 8:00 AM - 5:00 PM. Saturday - 8:00 AM - 12:00 PM.

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## Health Care - Physical Health Services

### AMITA Health St. Mary's Hospital



Offers a full range of inpatient, outpatient, and emergency services for the prevention, diagnosis, treatment, and rehabilitation related to acute and chronic health conditions. Accepts most forms of commercial, Medicare and Medicaid insurances.

- [500 West Court Street, Kankakee, IL 60901](#)
- 815.937.2400
- [amitahealth.org](http://amitahealth.org)
- *Contact: Kathy Peterson Community Outreach Coordinator - [kathleen.peterson2@amitahealth.org](mailto:kathleen.peterson2@amitahealth.org)*
- **Translation services can be provided.**

### AMITA General Hospital-Based Services

AMITA General Hospital-Based Services Provides primary and specialty care, full-range of surgical services and comprehensive cardiac care. AMITA's acute care facility includes a certified Level II Emergency/Trauma Center and Family Birthing Center and is Chest Pain Accredited. Services include:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Community Services         | <input type="checkbox"/> Hospital-Based Inpatient Services | <input type="checkbox"/> Palliative Care Program |
| <input type="checkbox"/> Ambulatory Infusion Center | <input type="checkbox"/> Behavioral Health Services        | <input type="checkbox"/> Pastoral Care           |
| <input type="checkbox"/> Ambulance Services         | <input type="checkbox"/> Lab Services                      | <input type="checkbox"/> Physical Therapy        |
| <input type="checkbox"/> Breast Center              | <input type="checkbox"/> Maternal/Child Services           | <input type="checkbox"/> Radiology Services      |
| <input type="checkbox"/> Cancer Center              | <input type="checkbox"/> Nutrition Services                | <input type="checkbox"/> Respiratory Care        |
| <input type="checkbox"/> Cardiology Services        | <input type="checkbox"/> Occupational Therapy              | <input type="checkbox"/> Sleep Services          |
| <input type="checkbox"/> Community Services         | <input type="checkbox"/> Orthopedic Services               | <input type="checkbox"/> Social Services         |
| <input type="checkbox"/> Diabetes Center            |  | <input type="checkbox"/> Speech Therapy          |
| <input type="checkbox"/> Emergency Services         |  | <input type="checkbox"/> Surgical Services       |
|   |  | <input type="checkbox"/> Volunteer Services      |

### AMITA Health Medical Group

AMITA's premier multispecialty medical group practice offers convenient access to high-quality care. Most also offer same-day walk-in access.

### Birthing Center

Full service obstetric center. Specialized services include: "Rooming In" birthing suites, free newborn hearing screenings, and more. Also offers classes, including Lamaze, Breastfeeding, and Sibling classes.

### Cancer Center

Oncology care offered in both inpatient and outpatient settings. Advanced Linear Accelerator treatments are available. Provides diagnostic assessments and testing, symptom management, pain management and chemotherapy.

### Heart and Vascular Institute

Services include Cardiac CT, peripheral ultrasound, echocardiograms, electrocardiograms (EKGs), cardiac catheterization, nuclear imaging, and arrhythmia care in an Electrophysiology Lab and cardiac rehab.

### **Orthopedic Services**

Inpatient and outpatient rehabilitation services. AMITA's specialties include recovery from arthritis, bursitis, back pain, hip, knee, and shoulder replacements, fractures, neck pain, pre- and post-surgical intervention, sports injuries, tendonitis and workplace/occupational injuries.

### **Sleep Lab**

Sleeps are offered every day of the week except for Saturdays, however, sleeps can be conducted on Saturdays when necessary. Recording time lasts six hours, so many patients prefer an overnight stay. In-home sleep tests are also available depending on insurance coverage and specific qualifications.

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## **Aunt Martha's Health and Wellness Center**



Provides outpatient services, case management, recovery supports, and family health care to those who are uninsured, underinsured, or receiving public aid. Medicaid accepted.

- [1777 East Court Street, Kankakee, IL 60901](https://www.auntmarthas.org)

- 877.692.8686
- [auntmarthas.org](https://www.auntmarthas.org)
- **Services available in Spanish.**

### **Family Health Care Services**

Provides Preventive Care for the entire family including: pediatrics; routine check-ups, well-child visits, annual check-ups, lead screening, immunizations, school and sports physicals.

- *Eligibility: Services available for all.*

**Clinic Hours:** Monday, Tuesday, & Friday - 8:30 AM - 5 PM. Wednesday & Thursday - 8 AM - 6:30 PM. 1st & 3rd Saturday of each month- 9 AM - 1 PM.

- Kankakee residents can also access medical services, including dentistry, at Aunt Martha's Chicago Heights Women's Clinic: [233 W. Joe Orr Rd., Chicago Heights, IL 60411](https://www.auntmarthas.org).
- Iroquois residents can access medical and dental services at Aunt Martha's Iroquois County Community Health Center: [200 E. Walnut Street, Watseka, IL 60970](https://www.auntmarthas.org).

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## **Azzarelli Outreach Clinic**

A medical mission to Hispanic families and others without money or medical insurance.

- [341 North St. Joseph Avenue, Kankakee, IL 60901](https://www.azzarellioutreach.org)
- 815.928.6093
- *Contact Email: [azzarellioutreach1@sbcglobal.net](mailto:azzarellioutreach1@sbcglobal.net)*
- **Services available in Spanish.**

**Hours:** The medical clinic is available at a variety of dates and times. Contact their office to learn more.

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## Community Health Partnership of Illinois



**Community Health Partnership of Illinois**  
Building Healthy Lives, Together • Creando Una Vida Saludable, Juntos

Assists families in accessing health care. (FQHC) Qualified clients are provided with vouchers for doctor appointments and medications. Offers sliding-fee scale for all patients who do not have

health insurance. Accepts Medicaid for medical and dental services.

- [202 N. Schuyler Ave., Suite 206, Kankakee, IL 60954](https://www.chpofil.org/kankakee.html)
- 815.932.6045
- [chpofil.org/kankakee.html](https://www.chpofil.org/kankakee.html)
- *Contact: Maricel Mendoza Kankakee Clinic Director, [mmendoza@chpofil.org](mailto:mmendoza@chpofil.org)*
- **Services available in Spanish.**

### **Certified Medicaid Application Counselor**

Certified staff members will work with families and help them to enroll in Medicaid.

### **Dental Services**

Offers general dental services. For patients who do not have health insurance, a sliding fee scale is offered, based on family size and income. Accepts Medicaid dental services.

### **Medical Care**

Primary health care services, including: Wellness, lab and basic diagnostic services, Chronic disease management and support for patients with diabetes, hypertension, asthma, and other chronic conditions. Offers referrals for women's health services. Screenings provided for hypertension, colon cancer, cervical cancer, and other health conditions.

- *Eligibility: Health care services offered for anyone ages 18+.*

**Hours:** Monday, Tuesday & Thursday - 9 AM - 3 PM. Wednesday - 9 AM - 5 PM. Friday - 9 AM - 12 PM.

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## Hippocrates Medical Clinic



Non-profit organization that operates a free medical clinic through the use of volunteers.

- [606 E. Court Street, Kankakee, IL 60901](https://www.hmckankakee.wixsite.com/hmckankakee)
- 815.216.3446
- [https://hmckankakee.wixsite.com/hmckankakee](https://www.hmckankakee.wixsite.com/hmckankakee)
- *Contact Email: [hippocratesmedicalk3@gmail.com](mailto:hippocratesmedicalk3@gmail.com)*
- **Services available in Spanish.**

### **Medical Clinic**

Services offered include: Lab Services, Physical Therapy, Varicose Veins Specialists, and Family Practice.

**Hours:** Clinic hours vary by week - contact to confirm availability.

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## Kankakee County Health Department



- [2390 West Station Street, Kankakee, IL 60901](https://www.kankakeehealth.org)
- 815.802.9400
- [kankakeehealth.org](https://www.kankakeehealth.org)
- *Contact Email: [info@kankakeehealth.org](mailto:info@kankakeehealth.org)*

- **Translation services available for Spanish speakers.**

### **Breastfeeding Support**

KCHD maternal child health staff provides individual telephone counseling, office visits, and breastfeeding classes for women enrolled in KCHD WIC/ Family Case Management.

### **Childhood Lead Poisoning Prevention**

KCHD provides testing for lead poisoning in children 6 months to 6 years of age, and at-risk pregnant women. Case management services are provided for any children with elevated lead levels.

### **Family Case Management**

Provides case management services to pregnant women, infants and children. Case management assists families with obtaining access to prenatal and child care, immunization and screenings.

- *Eligibility: Clients must be Medicaid eligible.*

### **Genetics Screening**

Pregnant women, infants and children enrolled in Family Case Management will be screened for the risk of genetic disorder and referred for genetic counseling as appropriate.

### **HealthWorks**

Offers Medical case management for DCFS wards up to age six and interim case management for DCFS wards age six and older. Provides vision and hearing screenings for children in the care of DCFS.

### **Immunization Program**

Provides required and recommended immunizations for all ages, birth to older adults, by appointment. A current immunization record is required for school-aged children. Rabies vaccine is available as indicated for pre/post-exposure. Medicaid and most private insurances are accepted; an income based sliding fee scale is available for those without insurance or under-insured.

### **Pregnancy Testing**

Pregnancy testing is available by appointment or walk-in. There is a nominal fee or medical insurance is accepted. Women with positive tests receive referral to prenatal care.

### **STD/HIV Counseling & Testing**

Provides testing for sexually transmitted diseases including gonorrhea, syphilis, chlamydia, and HIV. Appropriate treatment and referrals available. Anonymous testing is available by appointment. The fee is \$10.00, which covers testing, doctor's visit (when available), and treatment.

### **Tuberculosis Control**

Provides mantoux skin-testing and TB screening questionnaire (for young school-aged children) with follow up to determine diagnosis and treatment of tuberculosis. Testing is available by appointment.

Hours: Monday to Friday - 8:30 AM - 4:30 PM

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### **Kankakee County Veterans Assistance (VA) Clinic**

Provides health care services to Chicagoland veterans. Offers personal care services, laboratory services, and prescription services are also available. This facility is handicapped accessible.

- [581 William Latham Drive, Suite 301, Bourbonnais, IL 60914-2450](#)
- 815-932-3823
- [www.hines.va.gov/locations/kankakee.asp](http://www.hines.va.gov/locations/kankakee.asp)

**Hours:** Monday to Friday - 7:30 AM - 4:30 PM.

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### **Living Alternatives Pregnancy Resource Center**



Provides free pregnancy testing, pregnancy and parenting education classes, assistance in maternity and baby clothing, referrals for medical care, referrals for adoption, and more.

- [260 S Washington Ave, Kankakee, IL 60901](#)
- 815.933.2207
- [pregnancyresourcecenter.org](http://pregnancyresourcecenter.org)
- *Contact Email: [kankakee@hopeforafuture.com](mailto:kankakee@hopeforafuture.com)*

#### **Pregnancy Center Services**

Living Alternatives is committed to equipping those facing pregnancy decisions with excellent care, compassionate support, and honest information. Their 5 promises to clients are: 1. To treat you with respect. 2. To protect your privacy. 3. To not pressure you. 4. To support you. 5. To tell you the truth.

All services are free and confidential and include:

- |  |   |
|--|---|
| <input type="checkbox"/> Pregnancy Testing and confirmation                                      | <input type="checkbox"/> Material Assistance -STD/STI Information |
| <input type="checkbox"/> Ultrasounds-Options Information   | <input type="checkbox"/> Post Abortion Support                    |
| <input type="checkbox"/> H.O.P.E Mentoring Program (available in person, virtually, or a hybrid) | <input type="checkbox"/> Residential Program: Merci's Refuge      |

**Hours:** Monday to Thursday - 10:00 AM - 4:00 PM.

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### **River Valley Pregnancy Resource Center**



Non-profit interdenominational, life-affirming pregnancy help organization committed to providing educational parenting and pregnancy resources..

- [200 N Washington Avenue, Bradley, IL 60915-0306](#)
- 815.802.9917
- [www.rivervalleyprc.org](http://www.rivervalleyprc.org)
- *Contact Email: [info@rivervalleyprc.org](mailto:info@rivervalleyprc.org)*

#### **Pregnancy Center Services**

Offers a free, self-administered, clinical pregnancy tests as well as an array of parenting and pregnancy programs and resources, as well as support groups.

**Hours:** Tuesday & Thursday - 10:00 AM - 1:00 PM.

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## Riverside Health Fitness Center



**RIVERSIDE**  
HEALTHCARE

The area's only medical based fitness center. Offers fitness and nutrition services to members.

- [100 Fitness Drive, Bourbonnais, IL 60914](https://www.riversidehealthcare.org/fitness-center/)
- 815-929-1200
- [www.riversidehealthcare.org/fitness-center/](https://www.riversidehealthcare.org/fitness-center/)
- **Translation services can be provided.**

### **Health & Fitness Center**

Special programs include: Weight Management, Nutrition Counseling, Individualized Fitness Programming, Physical Therapy, Cardiac Rehabilitation, Massage Therapy, and Alternative Therapies.

### **Nutritional Services**

Offers a nutritional program called Psychology of Eating. Psychology of Eating can address issues such as binge eating, overeating, body image challenges and various nutrition-related health concerns. This program was developed by the Institute for Eating Psychology and utilizes a non-traditional approach to addressing weight concerns by looking holistically at an individual's relationship with food and body.

**Hours:** Sunday - 8 AM - 1 PM. Monday to Friday - 5 AM - 8 PM. Saturday - 7 AM - 3 PM.

## Riverside Healthcare



**RIVERSIDE**  
HEALTHCARE

Provides a full spectrum of inpatient, outpatient, and community services. Accepts most forms of commercial, Medicare, and Medicaid insurances. Call to confirm your insurance provider is accepted.

- [350 North Wall Street, Kankakee, IL 60901](https://www.riversidehealthcare.org)
- 815-933-1671
- [www.riversidehealthcare.org](https://www.riversidehealthcare.org)
- **Translation services can be provided.**

### **Community Services**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Ambulatory Infusion Center   | <input type="checkbox"/> Workforce Health           | <input type="checkbox"/> Reference Lab             |
| <input type="checkbox"/> Ambulance Services           | <input type="checkbox"/> Heart Failure Clinic       | <input type="checkbox"/> Riverside Medical Group   |
| <input type="checkbox"/> Community EMS                | <input type="checkbox"/> Home Healthcare            | <input type="checkbox"/> Senior Advantage          |
| <input type="checkbox"/> Breast Cancer                | <input type="checkbox"/> Immediate Care Center      | <input type="checkbox"/> Sleep Apnea Laboratory    |
| <input type="checkbox"/> Cancer Center                | <input type="checkbox"/> Laboratory Services        | <input type="checkbox"/> Obstetrics and Gynecology |
| <input type="checkbox"/> Cardiology Services          | <input type="checkbox"/> RX Food Mobile             | <input type="checkbox"/> Wound Care Center         |
| <input type="checkbox"/> Community Education Services | <input type="checkbox"/> Orthopedics                |  |
| <input type="checkbox"/> Community Services           | <input type="checkbox"/> Pediatric Physical Therapy |  |
|   | <input type="checkbox"/> Physician Referral Service |  |

### **Hospital-Based Inpatient Services**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Behavioral Medicine Services | <input type="checkbox"/> Heart and Vascular Institute | <input type="checkbox"/> Diabetes Wellness Center |
| <input type="checkbox"/> Cardiac Rehab                | <input type="checkbox"/> Open Heart Surgery           | <input type="checkbox"/> Interventional Radiology |
| <input type="checkbox"/> Chest Pain Center            | <input type="checkbox"/> Nutrition Services           | <input type="checkbox"/> Home Healthcare          |
|   |   | <input type="checkbox"/> Neurosurgery             |

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Neurology                      | <input type="checkbox"/> Physical Therapy        | <input type="checkbox"/> Speech Therapy                        |
| <input type="checkbox"/> Occupational Therapy           | <input type="checkbox"/> Radiology Services      | <input type="checkbox"/> Stroke Center                         |
| <input type="checkbox"/> Orthopedics                    | <input type="checkbox"/> Rehabilitation services | <input type="checkbox"/> Volunteer Services                    |
| <input type="checkbox"/> Pastoral Care; Patient Liaison | <input type="checkbox"/> Respiratory Care        | <input type="checkbox"/> Birthing Center                       |
|   | <input type="checkbox"/> Social Services         | <input type="checkbox"/> U of C Comer Children's Pediatricians |

**Hospital-Based Outpatient Services**

Outpatient Services include:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Anticoagulation Clinic   | <input type="checkbox"/> EMS Trauma                   | <input type="checkbox"/> Pain Management Centers           |
| <input type="checkbox"/> Cardiac Rehab            | <input type="checkbox"/> Endoscopy                    | <input type="checkbox"/> Pediatric Therapy                 |
| <input type="checkbox"/> Cancer Institute         | <input type="checkbox"/> Special Procedure Lab        | <input type="checkbox"/> Physical Therapy                  |
| <input type="checkbox"/> Radiation Therapy        | <input type="checkbox"/> Genetic Counseling Clinic    | <input type="checkbox"/> Radiology Services                |
| <input type="checkbox"/> Oncology                 | <input type="checkbox"/> Geriatric Services           | <input type="checkbox"/> Rehabilitation Services           |
| <input type="checkbox"/> Chemotherapy             | <input type="checkbox"/> Industrial Rehabilitation    | <input type="checkbox"/> Sleep Apnea Center                |
| <input type="checkbox"/> Hematology               | <input type="checkbox"/> Behavioral Medicine Services | <input type="checkbox"/> Speech Therapy                    |
| <input type="checkbox"/> Diabetes Wellness Center | <input type="checkbox"/> Neurology                    | <input type="checkbox"/> Mental Health Outpatient Services |
| <input type="checkbox"/> Emergency Trauma Center  | <input type="checkbox"/> Occupational Therapy         |  |
|   | <input type="checkbox"/> Outpatient Centers           |  |

**Lymphedema Therapy**

Services include: Hands-on lymphatic drainage; Exercise training that includes range-of-motion (ROM), strengthening and aerobics; and instruction on how to self-apply compression bandaging.

**Pediatric Therapy Services**

Treats a variety of orthopedic, neurologic and chromosomal conditions. Speech language pathologists work with children on cognition and speech delays, reasoning and understanding, language use, fluency and stuttering, voice disorders, auditory processing disorder, oral motor and feeding issues, and more.

- *Eligibility: Pediatric treatments are available for children ages 0-21.*

**Riverside Heart & Vascular Institute**

Provides heart diagnostic services, angioplasty, open-heart procedures, and cardiac rehabilitation.

**Sports Medicine**

Services include injury prevention, acute sports injuries, overuse sports injuries, and sports rehabilitation.

**Total Joint Resources Program**

Helps patients return to complete health following joint replacement surgery through a team approach.

**Women's Health Center**

Mammography, osteoporosis, menopause, fertility, and a wide range of other women's health services.

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## Health Care - Substance Abuse Services

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### Al-Anon/Alateen



A fellowship of relatives and friends of alcoholics.  
Meetings last one hour. No appointment necessary.

- [alanon.kankakee@gmail.com](mailto:alanon.kankakee@gmail.com)
- [www.kankakeealanon.com](http://www.kankakeealanon.com)
- *Contact Email: [alanon.kankakee@gmail.com](mailto:alanon.kankakee@gmail.com)*

### Al-Anon Family Groups

Al-Anon Family Groups are a fellowship of families and friends of alcoholics or problem drinkers who share their experience, strength, and hope with each other to solve their common problems.

- *Eligibility: Al-Anon Family Groups are open to all.*

### Alateen Meetings

Al-Anon also provides Alateen meetings specifically for teenage and young people whose lives have been affected by someone else's drinking. Teens share experience, strength and hope with each other, discuss their difficulties, and learn effective ways to cope with their problems using the Al-Anon principles.

- *Eligibility: Alateen meetings are held for teens and young adults.*

**Hours:** Visit [kankakeealanon.com/local-meetings](http://kankakeealanon.com/local-meetings) for a list of meeting times and locations.

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### Alcoholics Anonymous (AA)

Fellowship of men and women who share their experience, strength and hope that they may help others to recover from alcoholism. AA support groups exist in Kankakee, Bourbonnais, Bradley, Gilman, Ashkum, Manteno, Momence, Dwight, Essex, and Watseka.

- PO Box 265, Bradley, IL 60915
- 815.939.4996
- [www.kankakee-aa.org/](http://www.kankakee-aa.org/)

**Hours:** Call or visit [www.kankakee-aa.org](http://www.kankakee-aa.org) for upcoming meeting times and locations.

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### AMITA Health St. Mary's Hospital Behavioral Health Institute



- [www.amitahealth.org/](http://www.amitahealth.org/)
- 815.937.2081
- Outpatient Location: [21 Heritage Drive, Suite 102, Bourbonnais, IL 60914](#)
- *Contact: Doug Jones, Director of Behavioral Health and Emergency Services - [douglas.jones@amitahealth.org](mailto:douglas.jones@amitahealth.org)*

- **Services available in Spanish.**

### **Substance Abuse Services**

Take the step to freedom from: Alcohol, street drugs, opioids and painkillers, and prescription drugs. Initial behavioral health evaluations and assessments are provided at no charge. Accepts most insurances. Most private insurances and Medicare cover outpatient services.

- *Eligibility: Services available for adults over the age of 18.*

### **The Driving Under the Influence (DUI) Program**

Provides evaluations and counseling services for court-ordered DUI offenders. Also offers different levels of education and treatment which is determined through the evaluation of the drivers risk.

- *Eligibility: Services available for adults over the age of 18.*

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## **Aunt Martha's Health and Wellness Center**



- [1777 East Court Street, Kankakee, IL 60901](#)
- 877.692.8686
- [www.auntmarthas.org](http://www.auntmarthas.org)
- **Services available in Spanish.**

### **Substance Abuse Services**

Outpatient substance abuse services. Provides DUI services as well as drug urine screenings. All services are available to individuals who are uninsured, underinsured, or receiving public aid. Medicaid accepted.

- *Eligibility: Services available for individuals ages 12 and older.*

---

## **Banyan Heartland Treatment Facility**

Licensed residential treatment facility for men and women suffering from substance use and co-occurring mental health disorders. Offers addiction treatment programs and outpatient treatment services. Only accepts private insurance and private pay.

- [1237 East 1600 North Road, Gilman, IL 60938](#)
- 815-671-4392
- [www.banyanheartland.com/](http://www.banyanheartland.com/)

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## **Duane Dean Behavioral Health Center**



Provides outpatient substance abuse treatment. Accepts Medicaid, Medicare, state-financed health insurance, self-pay, and private health insurance options.

- [700 East Court Street, Kankakee, IL 60901](#)
- 815.939.0125
- [www.duanedean.org/](http://www.duanedean.org/)
- *Contact: Victor Nevarez, Clinical Director - [vnevarez@duanedeanbhc.com](mailto:vnevarez@duanedeanbhc.com)*

### **Criminal Justice Program**

Program for adults who have been mandated by the courts to undergo toxicology testing, assessments and treatment when necessary. Staff also work with persons recently released from jail or prison who were incarcerated because of a substance abuse issue.

- *Eligibility: Serves adults ages 18 years and older.*

### **Extended Care**

Duane Dean Behavioral Health provides extended care services to clients from 3 months to 1 year or more depending on the need. Extended care includes attendance in one support group per week and individual counseling as-needed. Clients also are expected to attend Alcoholics Anonymous/Narcotics Anonymous groups on a regular basis or alternative self-help structures such as Women in Recovery groups or at alternative institutions such as the church for a long-range support structure.

### **Opiate Maintenance Therapy**

The OMT program offers methadone maintenance therapy. When combined with counseling, methadone is an effective treatment with a high success rate. Duane Dean adheres to all state and federal regulations relative to the implementation of its OMT program and all persons must be medically approved before being admitted. Clients receive a complete physical, blood work-up and other medical tests prior to starting therapy. Duration of treatment is based on individual need.

**Hours:** Monday to Friday - 6:00 AM - 2:30 PM. Saturday - 7:00 AM - 10:00 AM.

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## **Family Guidance Center - Branden House**



- [333 West Evergreen Street, Manteno, IL 60950](https://www.fgcinc.org/)
- 815.468.6556
- [www.fgcinc.org/](https://www.fgcinc.org/)

### **Residential Drug Abuse Clinic**

Adult residential drug abuse clinic offering: Medicated Assisted Treatment (MAT), case management, mental health assessments and treatment, and support Groups with a range of topics throughout the day. Accepts Medicaid and some other insurance options.

- *Eligibility: Serves individuals ages 18 years and older, statewide.*
- 

## **Iroquois Mental Health Center - Resolve**



- [411 West Division Street, Manteno, IL 60950](https://www.iroquoismhc.com/)
- 815.468.3241
- 800.435.4635
- [iroquoismhc.com](https://www.iroquoismhc.com/)

### **Substance Abuse Services**

Provides substance abuse treatment, including outpatient and intensive outpatient services for adults, comprehensive DUI services, and employment services. Accepts Medicare, Medicaid, and most insurance options.

**Hours:** Monday to Thursday - 8:00 AM - 9:00 PM. Friday - 8:00 AM - 5:00 PM.

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## Kankakee County Health Department



- [2390 West Station Street, Kankakee, IL 60901](https://www.kankakeehealth.org)
- 815.802.9400
- [kankakeehealth.org](https://www.kankakeehealth.org)
- Contact Email: [info@kankakeehealth.org](mailto:info@kankakeehealth.org)
- **Translation services available for Spanish speakers.**

### **Narcan Training**

Free training sessions for first responders, community organizations, business owners, and individuals in the administration of Narcan nasal spray, a reversal drug used to save lives in opioid overdoses. Naloxone Kits that contain educational materials and 4mg dose(s) of nasal Naloxone (Narcan).

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## Riverside Healthcare Behavioral Medicine Services



PHP & IOP Programs - (Pathways) *Services for individuals ages 12 and above. (During COVID)*

- [400 S. Kennedy Dr, Suite 200, Bradley, IL 60915](https://www.riversidehealthcare.org)
- Contact: Rachel LaGesse, Pathway's Manager - 779-701-2000 ext. 46208.
- Central Intake Department: 844-442-2551
- **Translation services can be provided.**

### **Adult Dual Diagnosis Partial Hospitalization Program**

Treatment program is geared for individuals who present with both substance abuse and mental illness issues. Treatment interventions include group therapy, medication management, and services to families. Accepts most forms of commercial, Medicare, and Medicaid insurances.

- *Eligibility: Services for individuals ages 18 and older.*

## Assorted Services

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### Agents for Change

Partner Abuse Intervention Program (PAIP). 26 week victim-centered partner abuse domestic violence education program. No insurance accepted. Offers a sliding scale rate.

- 815-468-8440
- 

### Child Network

- [171 N. West Avenue, Suite 1, Bradley, IL 60915](#)
- 815.936.7372
- [www.childnetwork.org](http://www.childnetwork.org)

### Court Appointed Special Advocates (CASA)

CASA provides trained community volunteers to advocate for abused and neglected children in the juvenile court system. They investigate the child's case and make independent recommendations to the court as to what is in the best interests of the child. Advocates work with all parties and agencies in the case but represent the child's best interests.

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### Garden of Prayer Youth Center

- [gopyouthcenter.org](http://gopyouthcenter.org)
- 815-933-2493
- Safe Haven: [101 South Division Street, Aroma Park, IL 60901](#)

### Residential Services

Located out of Momence, the Garden of Prayer residential program provides 24-hour supervised housing for delinquent and at-risk youth while providing them with access to education and ancillary services.

- *Eligibility: Serves delinquent and at-risk youth ages 15 through 18.*

### School-Age Programs

These programs are designed to grow children's spiritual, intellectual, social, and physical development.

- ❑ Students Excel with Family Enrichment S.E.F.E. After School Program: Provides tutoring and life skills to youth 5-14 years of age, before and after school. Located at the Aroma Park Sage Haven.
  - ❑ S.A.F.E. Summer Camp: During the summer months S.A.F.E. provides an eight week program for children ages 5 to 14. Participants receive three meals each day and go on field trips twice a week.
- 

### Hope for Non-Violence

Partner Abuse Intervention Program (PAIP). 26 week victim-centered partner abuse domestic violence education program. No insurance accepted. Offers a sliding scale rate.

- 815-726-7964
-

## **Illinois Department of Children and Family Services (DCFS)**

- Kankakee Office: [505 South Schuyler Avenue, Kankakee, IL 60901](#)
- 815.939.8140
- 800.252.2873
- [www2.illinois.gov/dcfs/Pages/default.aspx](http://www2.illinois.gov/dcfs/Pages/default.aspx)

Adoption Services: 800-572-2390

Child Abuse Hotline: 800-252-2873

Day Care Information: 877-746-0829

DCFS Missing Children Helpline: 866-503-0184

Foster Parent Hotline: 800-722-9124

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## **Kankakee County Center Against Sexual Assault (KC-CASA)**

- [1440 West Court Street, Kankakee, IL 60901](#)
- 815.932.7273
- 24-Hour Crisis Hotline - Kankakee: 815.932.3322
- [www.kc-casa.org/](http://www.kc-casa.org/)

### **Medical & Legal Advocacy**

Advocates are trained to work on behalf of and with victims in the hospital emergency room, in the police station and in the courtroom. Medical Advocacy and Legal Advocacy services are both available.

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## **Kankakee County Public Defender**

Provides legal representation for all people, including juveniles, who are financially unable to furnish counsel for proceedings in criminal, juvenile, mental health, or civil cases triable in Superior, Municipal, or Justice Courts.

- [470 E. Merchant, Suite 210 - Upper Level, Kankakee, IL 60901](#)
  - 815.936.5860
  - [www.co.kankakee.il.us/publicdefender.html](http://www.co.kankakee.il.us/publicdefender.html)
- 

## **Lisieux Pastoral Outreach Center**

- [371 North St. Joseph Avenue, Kankakee, IL 60901](#)
- 815.939.2913

### **Outreach Programs**

Reaches out to the people of the community offering programs and services that meet the needs of the poor and marginalized as well as serving the community around John Paul II Parish-East. Tutoring is offered on Mondays-Thursdays from 5-6 PM for students from 1st grade to high school.

### **Shepherd's Clothing Closet**

Free community clothing closet for adults. Call to confirm upcoming hours that the Closet will be open.

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### **Prairie State Legal Services, Inc.**

Prairie State provides free legal help to senior citizens, domestic violence victims, and low-income persons. Advice and representation available for non-criminal legal problems.

- [191 South Chicago Avenue, Kankakee, IL 60901](#)
  - 815.935.2750
  - [www.pslegal.org](http://www.pslegal.org)
  - **Services available in Spanish.**
- 

### **Spanish Community Center**

Offers home visits, parenting classes, and other supports for Spanish-speaking families.

- Kankakee Office (St. John Paul II Catholic Parish): [956 S. 10th St., Kankakee, IL 60901](#)
  - 815-955-5470
  - [spanishcenter.org](http://spanishcenter.org)
- 

### **Teen Mother Choices**

*\*Program currently on hold due to COVID\** Provides a supportive and non-judgmental environment where teen mothers (21 and younger) can come together with others who are in a similar life situation. Meetings are held at Adventure Christian Church on the 2nd and 4th Tuesdays during the school year. There is no cost to attend. Dinner and childcare are provided as well as opportunities to earn diapers and other items.

- Adventure Church: [70 Ken Hayes Drive, Bourbonnais, IL 60914](#)
  - 815.939.3707
  - [facebook.com/Teenmomshope](https://facebook.com/Teenmomshope)
-

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|   | Health Care - Pediatric Health Services     | 66      |
|   | Health Care - Physical Health Services      | 69      |
|   | Health Care - Substance Abuse Services      | 76      |
| Autism Home Support Services                            | Health Care - Mental Health Services        | 50      |
| Azzarelli Outreach Clinic                               | Health Care - Physical Health Services      | 69      |
| Banyan Heartland Treatment Facility                     | Health Care - Substance Abuse Services      | 76      |
| Benay McCue, LCPC                                       | Health Care - Mental Health Services        | 50      |
| Bible Witness Camp                                      | Arts and Recreational Activities            | 8       |
| Bickford Senior Living                                  | Health Care - Assisted Living/Skilled Care  | 42      |
| Blessings in a Backpack                                 | Basic Needs - Food                          | 10      |
| Bourbonnais Jr Boilermakers                             | Arts and Recreational Activities            | 8       |
| Bourbonnais Terrace                                     | Health Care - Mental Health Services        | 50      |
| Bourbonnais Township Park District                      | Arts and Recreational Activities            | 9       |
| Boy Scouts of America, Rainbow Council                  | Arts and Recreational Activities            | 9       |
| Bradley Bourbonnais Youth Softball League               | Arts and Recreational Activities            | 8       |
| Bradley-Bourbonnais Dolphin Swim Club                   | Arts and Recreational Activities            | 9       |
| Bradley-Bourbonnais Little League Baseball              | Arts and Recreational Activities            | 8       |
| Camp Shaw-Waw-Nas-See                                   | Arts and Recreational Activities            | 8       |
| Catholic Charities, Diocese of Joliet                   | Aging Resources                             | 6 & 7   |
|   | Basic Needs - Food                          | 10      |
|   | Basic Needs - Housing & Shelter             | 14      |
|   | Basic Needs - Finances & Employment         | 19      |
|   | Health Care - Mental Health Services        | 51      |
| Center for Re-Creation and Family Training Organization | Arts and Recreational Activities            | 9       |
| Center of Hope  | Basic Needs - Food                          | 12      |

## Kankakee County Provider Toolkit

|  |  |         |
|--|--|---------|
| Child Care Resource and Referral                           | Early Childhood Services                   | 31      |
| Child Network  | Assorted Services                          | 79      |
| Citadel Care Center  | Health Care - Assisted Living/Skilled Care | 42      |
| Collective Balance Counseling LLC                          | Health Care - Mental Health Services       | 51      |
| Community Arts Council of Kankakee                         | Arts and Recreational Activities           | 8       |
| Community Counseling Services and Associates, LTD          | Health Care - Mental Health Services       | 52      |
| Community Health Partnership of Illinois                   | Health Care - Physical Health Services     | 70      |
| Cornerstone Preschool                                      | Early Childhood Services - Day Care        | 37      |
| Cornerstone Services                                       | Health Care - Mental Health Services       | 52      |
| County West Soccer Association                             | Arts and Recreational Activities           | 9       |
| CrossRoads Childcare Center                                | Early Childhood Services - Day Care        | 37      |
| Dance Alive Dance Studio                                   | Arts and Recreational Activities           | 8       |
| Dance In The Light   | Arts and Recreational Activities           | 8       |
| Dr. Doreena McBride, MD                                    | Health Care - Pediatric Health Services    | 66      |
| Dream Catcher Farms Rescue                                 | Arts and Recreational Activities           | 9       |
| Duane Dean Behavioral Health Center                        | Health Care - Substance Abuse Services     | 76 & 77 |
| Dynamo Soccer  | Arts and Recreational Activities           | 9       |
| Easterseals  | Developmental Disability Services          | 23 & 24 |
|  | Early Childhood Services                   | 32 & 33 |
| Easy Street Theater  | Arts and Recreational Activities           | 9       |
| Faith Baptist Church Food Pantry                           | Basic Needs - Food                         | 12      |
| Family Care Associates of Bourbonnais                      | Health Care - Mental Health Services       | 53      |
| Family Guidance Center - Branden House                     | Health Care - Substance Abuse Services     | 77      |
| Feed the Flock   | Basic Needs - Food                         | 12      |
| Fortitude Community Outreach                               | Basic Needs - Food                         | 11      |
| Fortitude Community Outreach                               | Basic Needs - Housing & Shelter            | 14      |
| Garden of Prayer Youth Center                              | Early Childhood Services - Day Care        | 37      |
| Garden of Prayer Youth Center                              | Health Care - Mental Health Services       | 53      |
| Garden of Prayer Youth Center                              | Assorted Services                          | 79      |
| GiGi's Playhouse   | Arts and Recreational Activities           | 9       |
|  | Developmental Disability Services          | 24 & 25 |
|  | Early Childhood Services                   | 33      |
| Girl Scouts of Greater Chicago and Northwest Indiana       | Arts and Recreational Activities           | 9       |
| Golden's Gymnastics  | Arts and Recreational Activities           | 9       |
| Good Shepherd Manor  | Developmental Disability Services          | 26      |
| Grand Prairie Services - Bradley House                     | Health Care - Assisted Living/Skilled Care | 42      |
| Habitat for Humanity Kankakee County                       | Basic Needs - Housing & Shelter            | 15      |
| Harbor House   | Basic Needs - Housing & Shelter            | 15      |
|  | Health Care - Mental Health Services       | 53      |
| Harvest View Assisted and Independent Living               | Health Care - Assisted Living/Skilled Care | 43      |
| Hassan H. Youssef, MD SC                                   | Health Care - Pediatric Health Services    | 66      |
| Head Start   | Early Childhood Services                   | 34      |
| Heather Neumann, LCSW                                      | Health Care - Mental Health Services       | 54      |
| Helen Wheeler Center for Community Mental Health           | Health Care - Mental Health Services       | 54      |
| Help at Home   | Health Care - Assisted Living/Skilled Care | 43      |
| Heritage Woods of Manteno                                  | Health Care - Assisted Living/Skilled Care | 43      |
| Hippocrates Medical Clinic                                 | Health Care - Physical Health Services     | 70      |
| Hope for Non-Violence                                      | Assorted Services                          | 79      |
| House of Sportz Elite Training Facility                    | Arts and Recreational Activities           | 9       |
| Illinois Department of Children and Family Services (DCFS) | Assorted Services                          | 80      |
| Illinois Department of Employment Security                 | Basic Needs - Finances & Employment        | 19      |
| Illinois Department of Human Services                      | Basic Needs - Food                         | 11      |
|  | Basic Needs - Transportation               | 18      |
|  | Developmental Disability Services          | 26      |
| Illinois Veterans Home at Manteno                          | Health Care - Assisted Living/Skilled Care | 43      |

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|---|--|---------|
| Indian Oaks Family Healing                                  | Health Care - Mental Health Services   | 55      |
| Institute for Social and Emotional Learning                 | Health Care - Mental Health Services   | 56      |
| Iroquois Mental Health Center                               | Health Care - Mental Health Services   | 56 & 57 |
| Iroquois Mental Health Center - Resolve                     | Health Care - Substance Abuse Services | 77      |
| Jamie Boudreau, LCPC  | Health Care - Mental Health Services   | 57      |
| Jo Ellen Carl, LCPC   | Health Care - Mental Health Services   | 57      |
| Julie Dotson, LCPC  | Health Care - Mental Health Services   | 57      |
| Junior Advanced Boxing and Sports                           | Arts and Recreational Activities       | 8       |
| Kankakee Area Career Center                                 | Basic Needs - Finances & Employment    | 20      |
| Kankakee Area Jaycees - Blessing Boxes                      | Basic Needs - Food                     | 13      |
| Kankakee Area Special Education Cooperative                 | Developmental Disability Services      | 27      |
| Kankakee Catholic Food Pantry                               | Basic Needs - Food                     | 12      |
| Kankakee Community College - Workforce Services             | Basic Needs - Finances & Employment    | 20      |
| Kankakee County Center Against Sexual Assault (KC-CASA)     | Health Care - Mental Health Services   | 58      |
|   | Assorted Services                      | 80      |
| Kankakee County Community Services, Inc.                    | Aging Resources                        | 7       |
|   | Basic Needs - Food                     | 12      |
|   | Basic Needs - Housing & Shelter        | 16      |
|   | Basic Needs - Finances & Employment    | 21      |
|   | Basic Needs - Food                     | 11      |
|   | Health Care - Physical Health Services | 71      |
|   | Health Care - Substance Abuse Services | 78      |
|   | Basic Needs - Housing & Shelter        | 16      |
|   | Assorted Services                      | 80      |
|   | Developmental Disability Services      | 27 & 28 |
|   | Health Care - Physical Health Services | 72      |
|   | Health Care - Mental Health Services   | 58      |
|   | Arts and Recreational Activities       | 8       |
|   | Arts and Recreational Activities       | 8       |
|   | Arts and Recreational Activities       | 8       |
|   | Basic Needs - Housing & Shelter        | 16      |
|   | Arts and Recreational Activities       | 9       |
|   | Early Childhood Services               | 34      |
|   | Health Care - Mental Health Services   | 58      |
|   | Arts and Recreational Activities       | 9       |
|   | Arts and Recreational Activities       | 9       |
|   | Arts and Recreational Activities       | 8       |
|   | Arts and Recreational Activities       | 9       |
|   | Arts and Recreational Activities       | 8       |
|   | Health Care - Mental Health Services   | 58      |
|   | Early Childhood Services - Day Care    | 37      |
|   | Arts and Recreational Activities       | 8       |
|   | Early Childhood Services - Day Care    | 38      |
|   | Arts and Recreational Activities       | 8       |
|   | Arts and Recreational Activities       | 8       |
|   | Arts and Recreational Activities       | 8       |
|   | Arts and Recreational Activities       | 9       |
|   | Assorted Services                      | 80      |
|   | Early Childhood Services - Day Care    | 38      |
|   | Arts and Recreational Activities       | 8       |
|   | Health Care - Physical Health Services | 72      |
|   | Basic Needs - Food                     | 12      |
|   | Health Care - Mental Health Services   | 59      |
|   | Basic Needs - Housing & Shelter        | 16      |
|   | Basic Needs - Food                     | 12      |
| Kankakee County Health Department                           |  |         |
|   |  |         |
| Kankakee County Housing Authority                           |  |         |
| Kankakee County Public Defender                             |  |         |
| Kankakee County Training Center for the Disabled, Inc.      |  |         |
| Kankakee County Veterans Assistance Clinic                  |  |         |
|   |  |         |
| Kankakee Eastside Bulldogs                                  |  |         |
| Kankakee Jaycee Little League                               |  |         |
| Kankakee Jr Kays  |  |         |
| Kankakee Kommons  |  |         |
| Kankakee River Running Club                                 |  |         |
| Kankakee School District #111 - First Taste Birth-3 Program |  |         |
| Kankakee Terrace  |  |         |
| Kankakee Track Club   |  |         |
| Kankakee Valley Park District                               |  |         |
| Kankakee Valley Symphony Orchestra                          |  |         |
| Kankakee Valley Theatre Association                         |  |         |
| Kankakee Valley Youth Symphony Orchestra                    |  |         |
| Keystone Counseling   |  |         |
| Kindercare Learning Center                                  |  |         |
| KING Music  |  |         |
| Lasting Impressions Inc.                                    |  |         |
| LeeHan Martial Arts   |  |         |
| Lemner's Soo Bahk Do  |  |         |
| Life Compass Arts   |  |         |
| Limestone Township Park District                            |  |         |
| Lisieux Pastoral Outreach Center                            |  |         |
| Little Light of Mine Child Care Center                      |  |         |
| Little Me Studio  |  |         |
| Living Alternatives Pregnancy Resource Center               |  |         |
| Lord's Lamb Ministry Food Pantry                            |  |         |
| LOSS- Loving Outreach to Survivors of Suicide               |  |         |
| Lutheran Child and Family Services of Illinois              |  |         |
| Manteno Food Pantry   |  |         |

## Kankakee County Provider Toolkit

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| Manteno Springs                                   | Health Care - Assisted Living/Skilled Care | 44      |
| Manteno Youth Baseball Softball League            | Arts and Recreational Activities           | 8       |
| Manteno Youth Soccer Association                  | Arts and Recreational Activities           | 9       |
| Mary Sears Children's Academy                     | Early Childhood Services - Day Care        | 38      |
| Maternity BVM Food Pantry                         | Basic Needs - Food                         | 12      |
| MBS Childcare Center                              | Early Childhood Services - Day Care        | 38      |
| Megan K. Bucklin, LCPC                            | Health Care - Mental Health Services       | 59      |
| Melissa's Daycare Center                          | Early Childhood Services - Day Care        | 39      |
| Merchant Street Art Gallery                       | Arts and Recreational Activities           | 8 & 9   |
| Momence Jr Redskins Association                   | Arts and Recreational Activities           | 8       |
| Momence Junior Baseball Softball League           | Arts and Recreational Activities           | 8       |
| Momence Meadows Nursing and Rehabilitation Center | Health Care - Assisted Living/Skilled Care | 44      |
| Momence Park District                             | Arts and Recreational Activities           | 9       |
| Northern Illinois Food Bank                       | Basic Needs - Food                         | 13      |
| Nuscotomek Youth Baseball                         | Arts and Recreational Activities           | 8       |
| Options Center for Independent Living             | Developmental Disability Services          | 28 & 29 |
| Paula Aubry School of Dance                       | Arts and Recreational Activities           | 8       |
| Pembroke Early Education Program (P.E.E.P.)       | Early Childhood Services                   | 34      |
| Pembroke Senior Citizen Center                    | Health Care - Assisted Living/Skilled Care | 44      |
| PFLAG   | Health Care - Mental Health Services       | 59      |
| Play Palz 101                                     | Early Childhood Services - Day Care        | 39      |
| Prairie State Legal Services, Inc.                | Assorted Services                          | 81      |
| Project Headspace and Timing                      | Health Care - Mental Health Services       | 59      |
| Project SUN                                       | Health Care - Mental Health Services       | 60      |
| Rainbow Learning Enrichment                       | Early Childhood Services                   | 35      |
| River Valley Metro Mass Transit District          | Basic Needs - Transportation               | 18      |
| River Valley Pregnancy Resource Center            | Health Care - Physical Health Services     | 72      |
| River Valley Special Recreation Association       | Arts and Recreational Activities           | 9       |
| River Valley Special Recreation Association       | Developmental Disability Services          | 29      |
| Riverside Health Fitness Center                   | Health Care - Physical Health Services     | 73      |
| Riverside Healthcare                              | Health Care - Physical Health Services     | 73 & 74 |
| - RX Mobile Events                                | Basic Needs - Food                         | 13      |
| - Behavioral Medicine Services                    | Health Care - Mental Health Services       | 60 & 61 |
| - Behavioral Medicine Services                    | Health Care - Substance Abuse Services     | 78      |
| Riverside Home Health Care                        | Health Care - Assisted Living/Skilled Care | 44      |
| Riverside Senior Life Communities                 | Health Care - Assisted Living/Skilled Care | 45      |
| Riverside's Miller Rehabilitation Center          | Health Care - Assisted Living/Skilled Care | 46      |
| Riverside's Pediatric Health Services             | Health Care - Pediatric Health Services    | 67      |
| Riverwoods Association                            | Basic Needs - Housing & Shelter            | 17      |
| Run-A-Way Buckers                                 | Arts and Recreational Activities           | 8       |
| Safe Families for Children                        | Basic Needs - Housing & Shelter            | 17      |
| Salvation Army                                    | Basic Needs - Food                         | 12      |
|   | Basic Needs - Housing & Shelter            | 17      |
|   | Basic Needs - Finances & Employment        | 21      |
| Sensei Steve's Karate Center                      | Arts and Recreational Activities           | 8       |
| Service Inc of Illinois                           | Developmental Disability Services          | 30      |
|   | Early Childhood Services                   | 35      |
| Shapiro Developmental Center                      | Developmental Disability Services          | 30      |
| Show Bus Public Transportation                    | Basic Needs - Transportation               | 18      |
| Social Security Administration                    | Basic Needs - Finances & Employment        | 22      |
| South Schuyler Counseling                         | Health Care - Mental Health Services       | 62      |
| Spanish Community Center                          | Assorted Services                          | 81      |
| Starlight Dance Academy                           | Arts and Recreational Activities           | 8       |
| Steffani Hommes, LCPC                             | Health Care - Mental Health Services       | 62      |
| Stepping Stones Learning Center                   | Early Childhood Services - Day Care        | 39      |

## Kankakee County Provider Toolkit

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|--|--|---------|
| Stonecrest Manor                                       | Health Care - Assisted Living/Skilled Care | 46      |
| Sunrise Farms  | Arts and Recreational Activities           | 9       |
|  | Health Care - Mental Health Services       | 62      |
| Teen Mother Choices                                    | Assorted Services                          | 81      |
| The Little Greene School House                         | Early Childhood Services - Day Care        | 40      |
| Thom Showers, LCPC                                     | Health Care - Mental Health Services       | 63      |
| Thresholds   | Health Care - Mental Health Services       | 63 & 64 |
| Tiny Talkers Speech & Feeding Therapy Inc              | Early Childhood Services                   | 36      |
| Tristar Martial Arts Academy                           | Arts and Recreational Activities           | 8       |
| Turning Point Counseling Center, LLC                   | Health Care - Mental Health Services       | 64      |
| University of Illinois Extension, Kankakee County Unit | Arts and Recreational Activities           | 9       |
| Uplifted Care  | Health Care - Assisted Living/Skilled Care | 46      |
|  | Health Care - Mental Health Services       | 65      |
|  | Arts and Recreational Activities           | 8       |
| Veronda's Music  | Basic Needs - Finances & Employment        | 22      |
| Veterans Assistance Commission of Kankakee County      | Health Care - Assisted Living/Skilled Care | 47      |
| VITAS  | Health Care - Mental Health Services       | 65      |
|  | Basic Needs - Food                         | 12      |
| Wesley's Table Food Pantry                             | Early Childhood Services                   | 36      |
| Yakos Therapy Inc                                      | Arts and Recreational Activities           | 8       |
| Yellow Elephant Gallery                                | Early Childhood Services - Day Care        | 40      |
| YMCA - PNC Grow Up Great Preschool                     | Arts and Recreational Activities           | 9       |
| Young Men's Christian Association (YMCA) of Kankakee   | Early Childhood Services - Day Care        | 40      |
| Young Women's Christian Association (YWCA) of Kankakee | Health Care - Pediatric Health Services    | 67      |
| Zaheer Pediatric Associates                            |  |         |

## **Project Contact Information**

Please contact Lindsay Wilson, Health Promotion Coordinator at the Kankakee County Health Department at 815.802.9400 or email Mariah Vail, Community Navigator with Kan-I Help at [mariah@cfkrv.org](mailto:mariah@cfkrv.org) for any questions related to this project or to receive more copies of pages.

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